

Congrés de la Societat Catalano-Balear de Medicina Interna

- XVII Edició -



4 i 5 de maig de 2017
Casa Convalescència. Barcelona



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SINDROMES AUTOINFLAMMATORIS DE L'ADULT

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Hospital Universitari VH



ISSAID

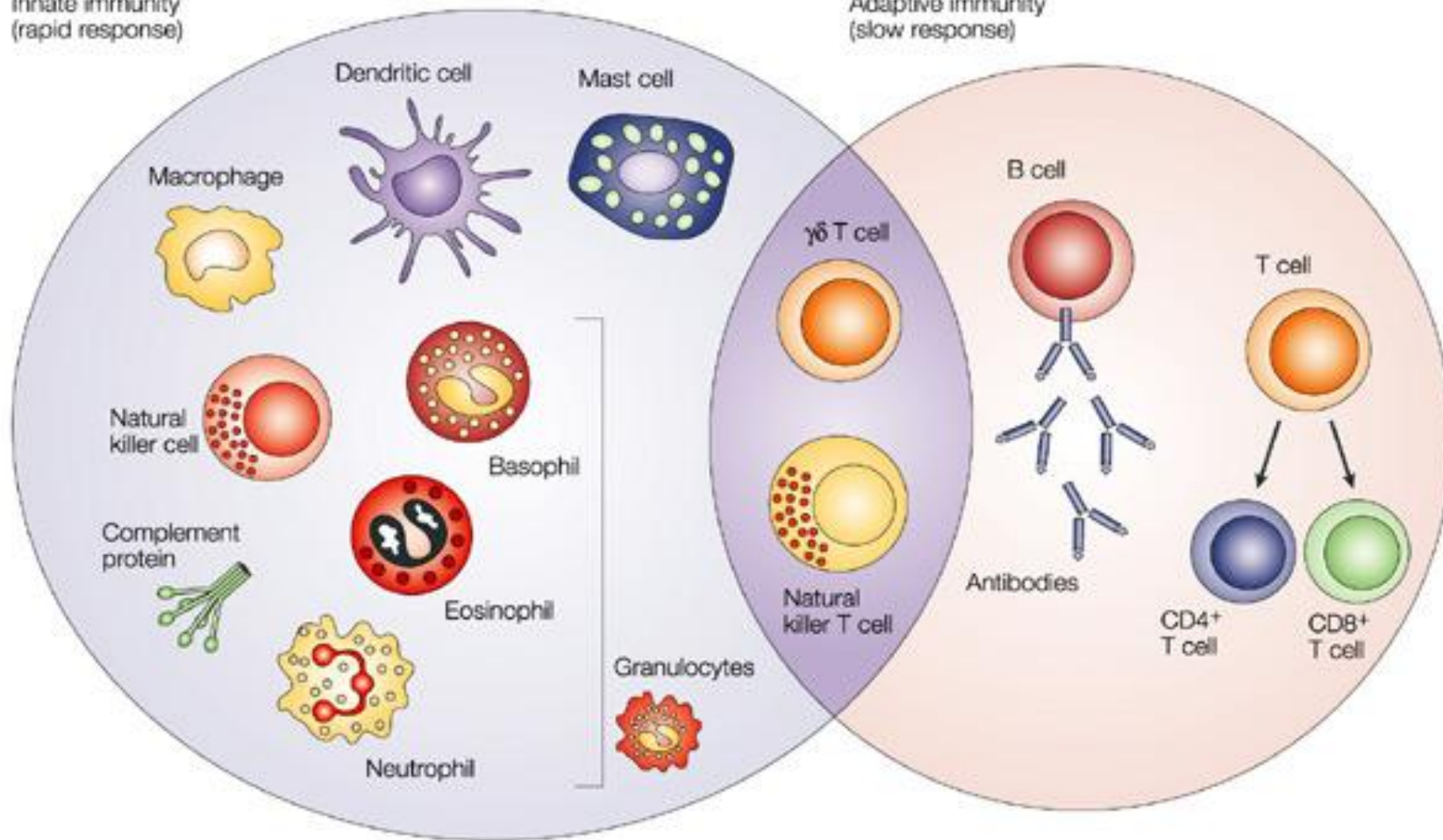
The International Society of Systemic Auto-Inflammatory Diseases

Autoinflammatory diseases are defined as illnesses caused by primary dysfunction of the innate immune system. This new concept includes a broad number of diseases, initially focusing on **Hereditary recurrent fevers** such as the prototype FMF, Familial Mediterranean Fever.

Until recently, these conditions were defined only by phenotypic features, including recurrent attacks of fever, abdominal pain, arthritis or cutaneous signs, which sometimes overlap and may obscure accurate diagnosis. However, this disease classification has expanded due to the recent advances in our understanding of disease pathogenesis with the discovery of the molecular basis of these disorders. Additional disorders which are now regarded as autoinflammatory diseases include **hereditary** disorders such as Blau disease and **complex** disorders such as Crohn's or Behcet's disease.

Innate immunity
(rapid response)

Adaptive immunity
(slow response)

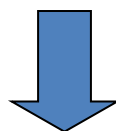




- Innate immune system cells



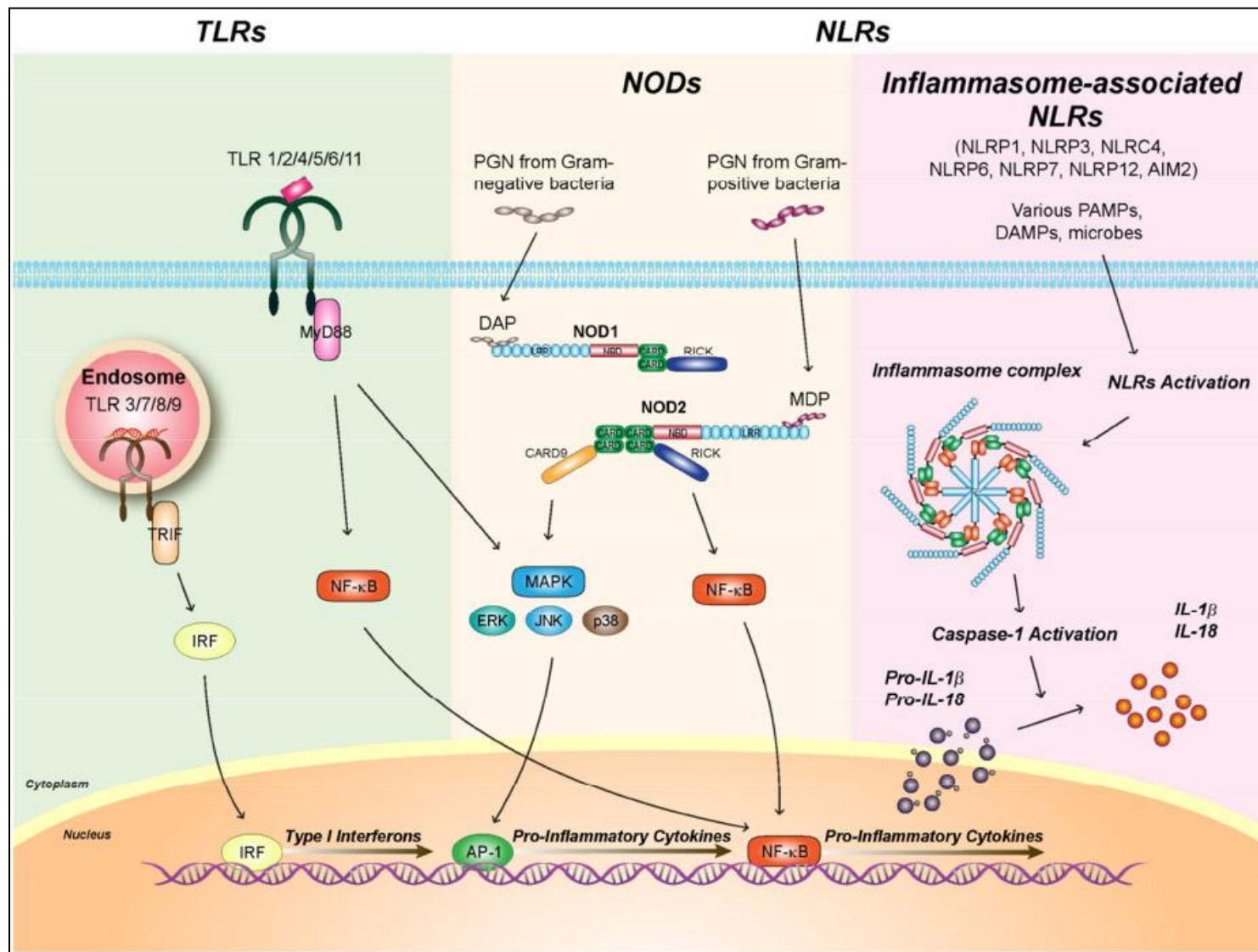
- Pattern recognition receptors (PRR)

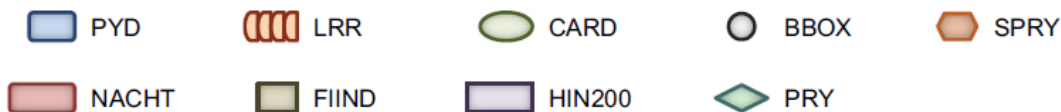
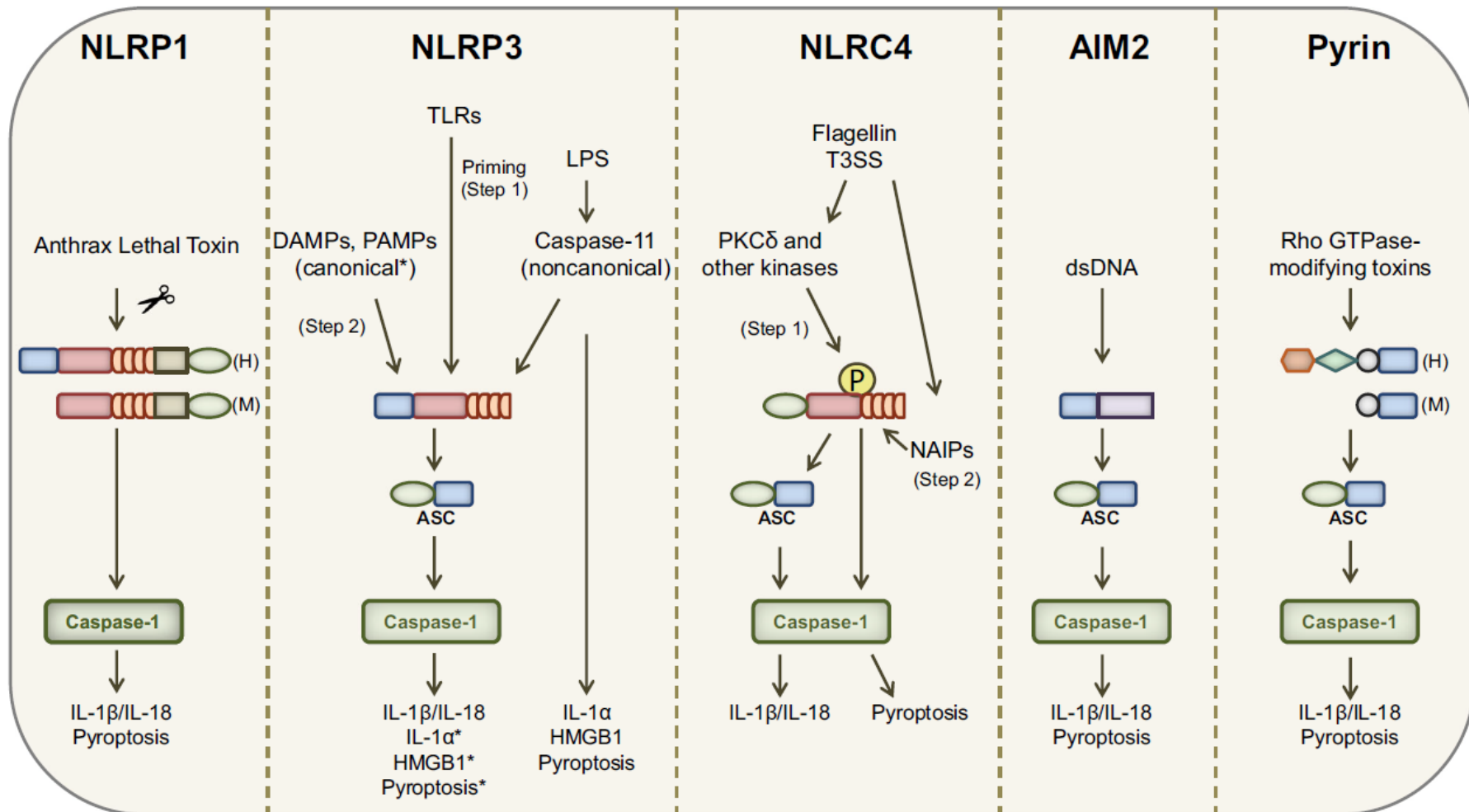


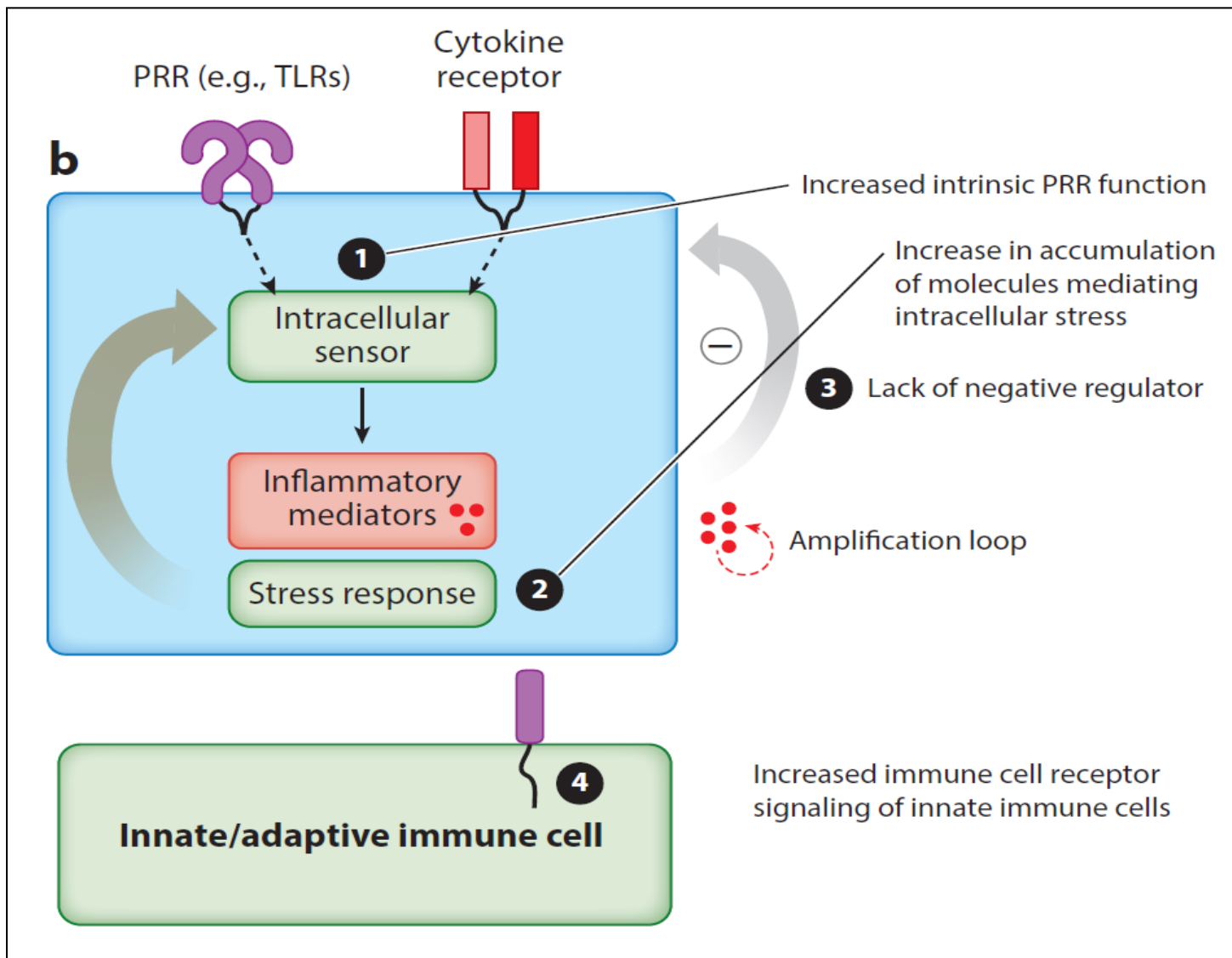
- Pathogen-associated molecular patterns (PAMPs)
/ Danger-associated molecular patterns (DAMPs)

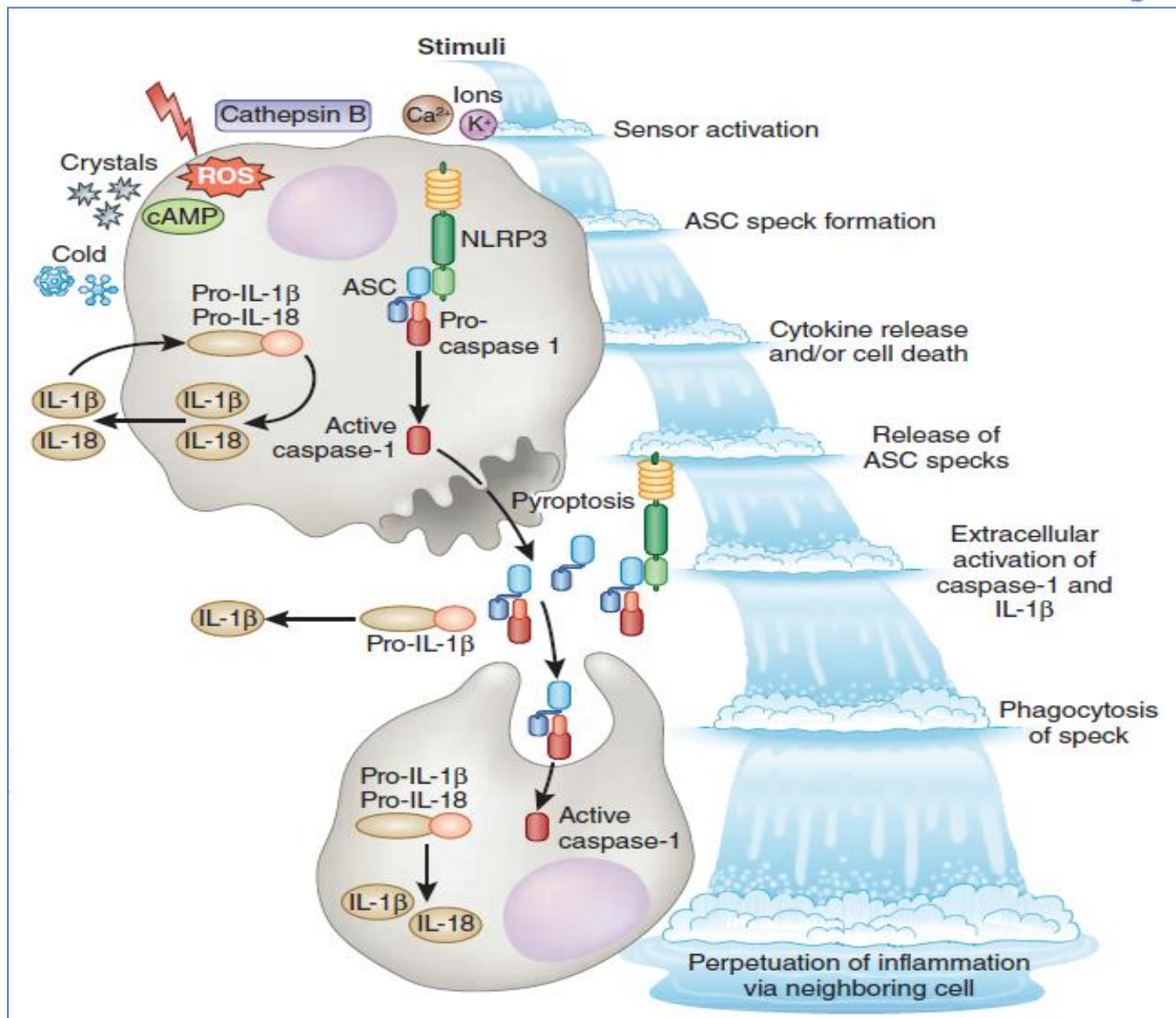


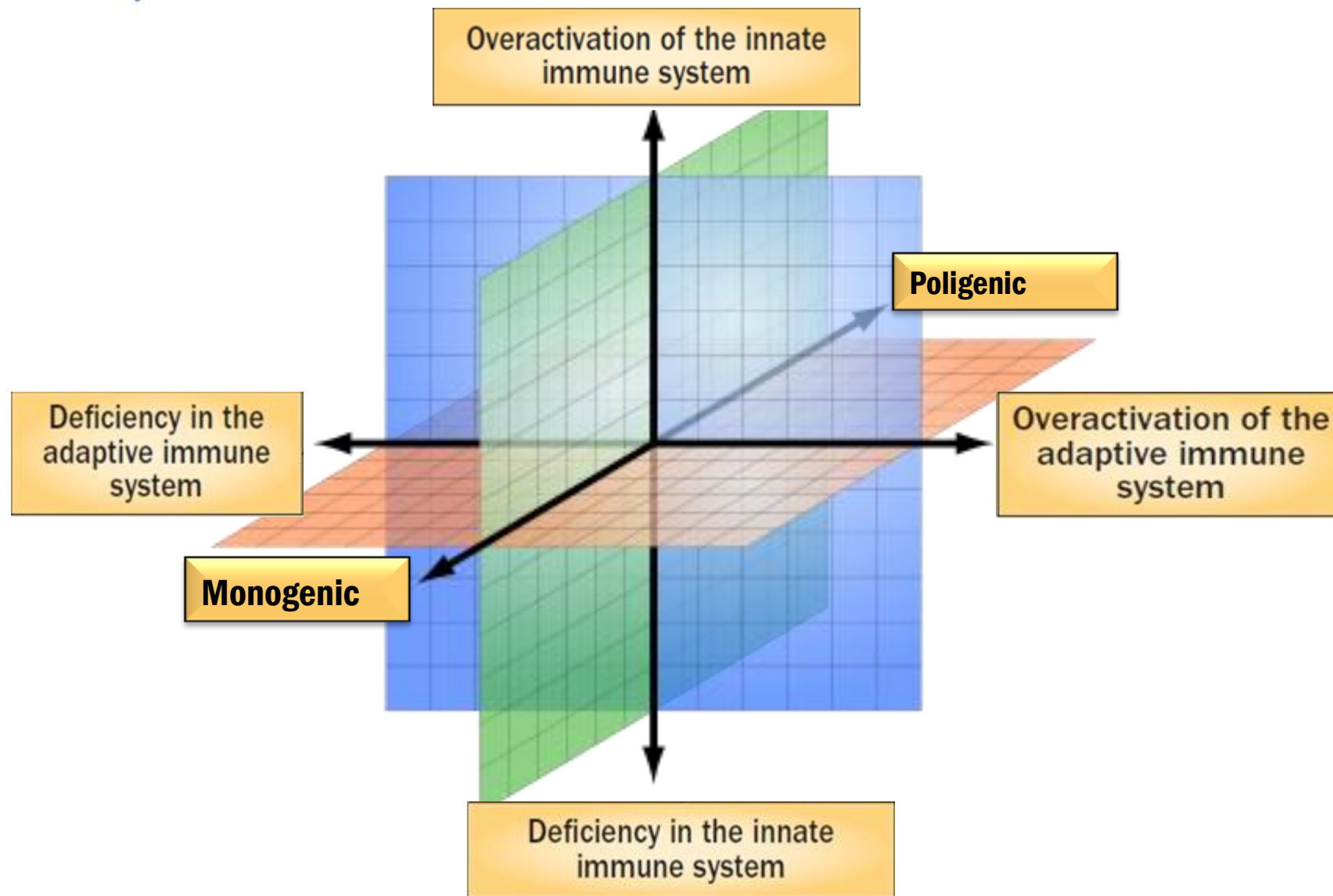
- Proinflammatory cytokines release / intracellular
activation of proinflammatory pathways











Comparison Chart of Systemic Autoinflammatory Diseases (SAID)

	Cryopyrin-Associated Periodic Syndromes (CAPS)				Pyrin		Pyrin/Familial		Mevastinase Kinase Deficiencies		Inflammatory Bone Diseases				Pyrrolic Acidosis			Pyrrolic Acidosis		Pyrrolic Acidosis		Pyrrolic Acidosis		Pyrrolic Acidosis		
	Familial Cold Autoinflammatory Syndrome*	Muckle-Wells Syndrome*	Neonatal-Onset Multisystem Autoinflammatory Disease -aka Chronic Infantile Neutrophilic Colic*	Schnitzler Syndrome	Familial Mediterranean Fever	Tumour Necrosis Factor (TNF)-Associated Periodic Syndrome -aka Familial Hibernian Fever	Hyperimmunoglobulinemia D with Periodic Fever Syndrome (HIDS)**	Mevastinase Kinase Deficiency, aka MEEK1, aka MEEK2	Mevastinase Kinase Deficiency, aka MEEK1, aka MEEK2	Deficiency of Interleukin-18 (IL-18)	Majeed Syndrome -aka Chronic Recurrent Multifocal Osteomyelitis (CRMO), aka Congenital Dyserythropoietic Anemia (CDA), aka Neutrophilic Cutaneous Dermatitis	Chronic Recurrent Multifocal Osteomyelitis (CRMO)	Deficiency of Interleukin-36 Receptor Antagonist (DIRA)**	Familial Pyrolic Acidosis (FPA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	Pyrolic Acidosis (PA)**	
ACRONYM	FCAS	MWS	NOMID/CINCA	SCHNITZLER	FMF	TRAPS	HIDS	MA	DIRA/OMPP	MAJEED	CRMO/SAHO	DIRA/OMPP	CAMP/SPORIS2	PAPA	BLAU/PAPAES	NLRP12/FACAS2	CANOL/PRAAS	BETHESD/BO	PFAPA	COLIA/HA	ACSD	1st/HLH/FR	PLAID/PAAS	ALP/AD	SLC25A3	DA2A2
GENE	MURF2	MURF2	NOMID/CINCA	SCHNITZLER	MEV1	MVK	MVK	MEV1	DIRA/OMPP	MJEED	CRMO/SAHO	DIRA/OMPP	CAMP/SPORIS2	PAPA	BLAU/PAPAES	NLRP12/FACAS2	CANOL/PRAAS	BETHESD/BO	PFAPA	COLIA/HA	ACSD	1st/HLH/FR	PLAID/PAAS	ALP/AD	SLC25A3	DA2A2
INHERITANCE	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive	Autosomal recessive
ETHNICITY	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European	Affects all races, but more common in UK, USA, European
FREQUENCY IN THE WORLD	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European	1:10,000 in UK, USA, European
TIMING OF SYMPTOMS ONSET	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	Infancy, but can present at any age	
MAIN SYMPTOMS	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	Recurrent fevers, rash, conjunctivitis, arthralgia	

1. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

2. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

3. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

4. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

5. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

6. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

7. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

8. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

9. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

10. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

11. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

12. Skin lesions: recurrent fevers, rash, conjunctivitis, arthralgia

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Table 1 | Clinical features and management of FMF, TRAPS and MKD

Syndrome feature	FMF	TRAPS	MKD	
			HIDS	Mevalonic aciduria
Mode of inheritance	Autosomal recessive	Autosomal dominant	Autosomal recessive	Autosomal recessive
Age at onset (years)	<20	<20	<1	<1
Duration of attack (days) ^a	<2	>14	4–6	4–5
Musculoskeletal features	Monoarthritis, myalgia	Severe myalgia, monoarthritis	Arthralgia, occasional oligoarthritis	Arthralgia
Abdominal features	Sterile peritonitis	Severe pain	Splenomegaly, severe pain	Splenomegaly, pain might occur
Cutaneous features	Erysipelas-like erythema, often on the shins and dorsum of foot	Centrifugal rash starting on trunk and migrating to extremities	Maculopapular rash	Morbilliform rash
Ocular features	Uncommon	Conjunctivitis, periorbital edema	Uncommon	Uncommon
Distinguishing clinical symptoms	Erysipelas-like erythema	Migratory myalgia and rash	Cervical lymphadenopathy	Dysmorphic features, neurological symptoms
Gene	<i>MEFV</i>	<i>TNFRSF1A</i>	<i>MVK</i>	<i>MVK</i>
Protein	Pyrin	TNFRSF1A	Mevalonate kinase	Mevalonate kinase
Estimated incidence of amyloidosis	~50% (precolchicine era)	10–20%	<10%	Unknown
Standard therapy	Colchicine	Corticosteroids	NA	NA
Therapies or treatment approaches requiring additional study	IL-1-blocking drugs, TNF inhibitors	Etanercept, anakinra	Anakinra, TNF inhibitors	NA

^aDuration is variable; values given here are typical. Abbreviations: FMF, familial Mediterranean fever; HIDS, hyper-IgD syndrome; IL, interleukin; MKD, mevalonate kinase deficiency; NA, not applicable; TNF, tumor necrosis factor; TRAPS, TNF-receptor-associated periodic syndrome.

Syndrome feature	CAPS			PFAPA
	FCAS	MWS	NOMID	
Mode of inheritance	Autosomal dominant	Autosomal dominant	Autosomal dominant	None
Age at onset (years)	<1	<20	<1	<5
Duration of attack (days) ^a	<2	1–2	Unknown	3–5
Musculoskeletal features	Arthralgia, occasional myalgia	Limb pain, arthralgia, arthritis	Epiphyseal bone formation	Uncommon
Abdominal features	None	Might occur	Hepatomegaly Splenomegaly	Uncommon
Cutaneous features	Cold-induced generalized urticaria-like rash	Generalized urticaria-like rash	Generalized urticaria-like rash	Uncommon
Ocular features	Conjunctivitis	Conjunctivitis	Papilledema, uveitis	Uncommon
Distinguishing clinical symptoms	Cold-induced episodes	Sensorineural hearing loss	Chronic aseptic meningitis, sensorineural hearing loss, arthropathy	Aphthous ulcers, lymphadenopathy, pharyngitis
Gene	<i>NLRP3</i>	<i>NLRP3</i>	<i>NLRP3</i>	None
Protein	Cryopyrin	Cryopyrin	Cryopyrin	None
Estimated incidence of amyloidosis	<10%	~25%	Unknown	None
Standard therapy	Anakinra, rilonacept	Anakinra, rilonacept	Anakinra	Single-dose corticosteroid (limited use)
Therapies or treatment approaches requiring additional study	Canakinumab	Canakinumab	Canakinumab, thalidomide	Colchicine, cimetidine, montelukast, tonsillectomy

^aDuration is variable; values given here are typical. Abbreviations: CAPS, cryopyrin-associated periodic syndrome; FCAS, familial cold autoinflammatory syndrome; MWS, Muckle–Wells syndrome; NOMID, neonatal-onset multisystem inflammatory disease; PFAPA, periodic fever adenitis pharyngitis and aphthous stomatitis.



SIGNES GUIA:

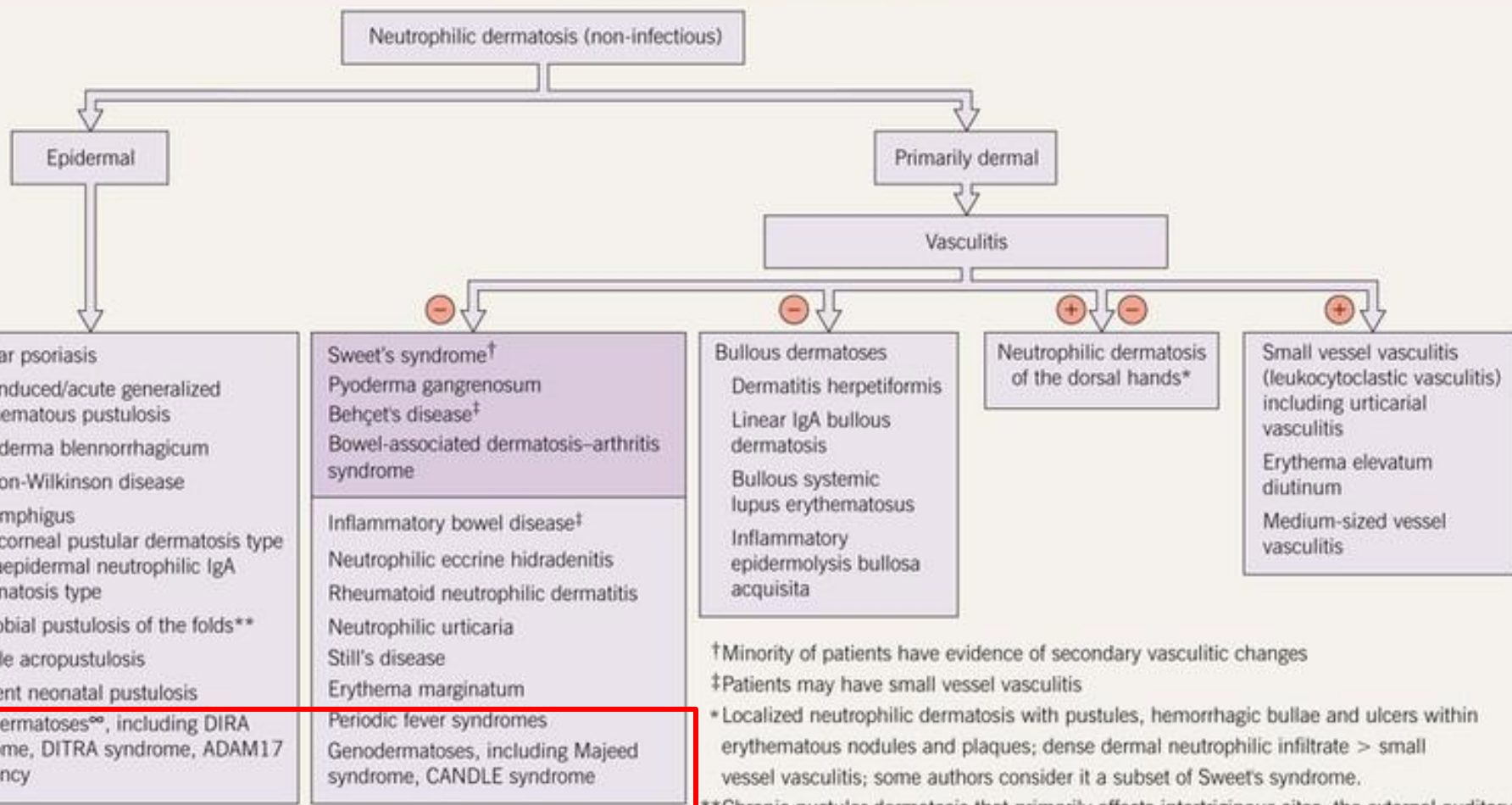
- **Febre periòdica + / - manifestacions comunes “atípiques”:**

- Dermatològiques
- Alergològiques
- Reumatològiques
- Neurològiques
- Oftalmològiques
- Abdominals
- Amiloidosi 2^a



- Manifestacions comunes “atípiques”:
 - Dermatològiques
 - Pioderma gangrenós
 - Pitiriasi rubra
 - Psoriasi pustular d’inici neonatal / infantil precoç
 - Lipodistròfia
 - Erisipela- like
 - Dermatosi neutrofílica Sweet – like
 - Vasculitis PAN-like infantil / precoç
 - Eritema malar “lupus-like” infantil
 - Alergològiques
 - Urticària desencadenada per fred NO a frígore
 - Urticària – vasculitis idiopàtica refractària

NON-INFECTIOUS NEUTROPHILIC DERMATOSES



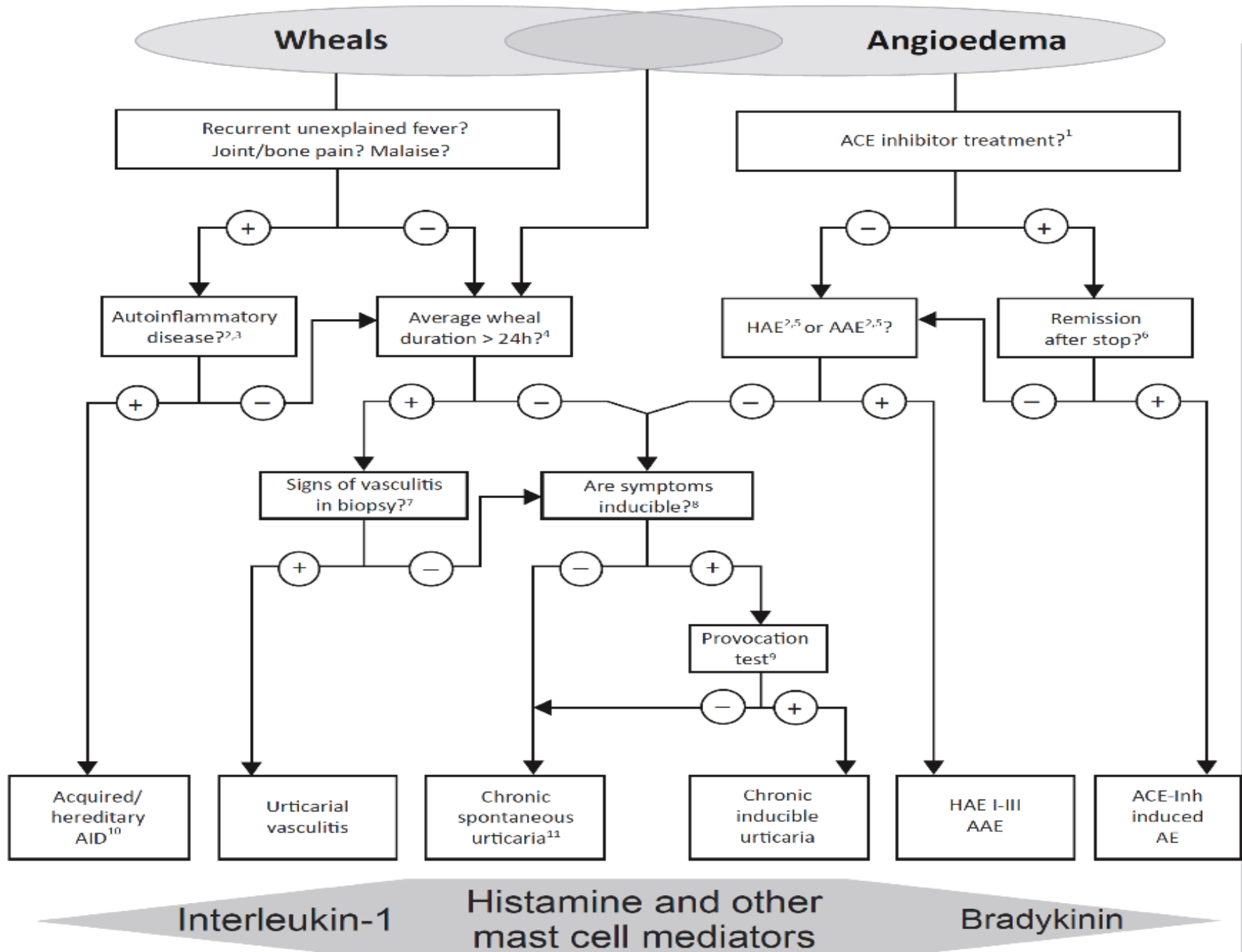
†Minority of patients have evidence of secondary vasculitic changes

‡Patients may have small vessel vasculitis

*Localized neutrophilic dermatosis with pustules, hemorrhagic bullae and ulcers within erythematous nodules and plaques; dense dermal neutrophilic infiltrate > small vessel vasculitis; some authors consider it a subset of Sweet's syndrome.

**Chronic pustular dermatosis that primarily affects intertriginous sites, the external auditory canals and the scalp of young women with an autoimmune connective tissue disease, including systemic lupus erythematosus

[∞]also neutrophilic infiltrate within the dermis



History

Diagnostic tests

Treatment





- Manifestacions comunes “atípicas”:
 - Reumatològiques
 - Hidrartros recidivant
 - Mono /òligo / poliartritis seronegatives refractàries
 - Remodelació / sobrecreixement patelar

 - Neurològiques
 - HTEC
 - Edema de papila
 - Meningitis asèptica (de repetició)

 - Oftalmològiques
 - Edema palpebral
 - Conjuntivitis de repetició
 - Uveitis granulomatosa

- Manifestacions comunes “atípiques”:

- Otorrinolaringològiques:

- Aftosi
- Faringitis
- Adenitis cervical
- Hipoacusia neurosensorial

- Amiloidosi 2^a





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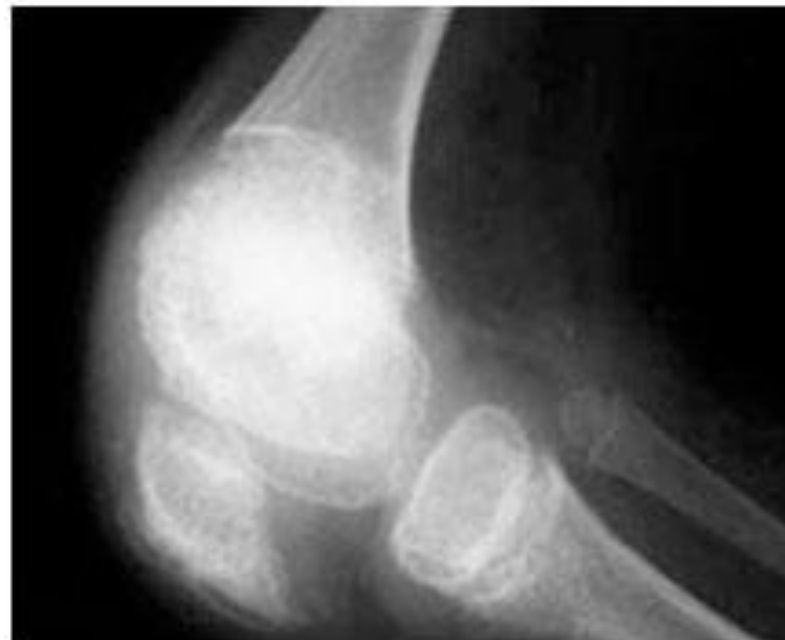


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Nature Clinical Practice Rheumatology (2008) 4, 481-489







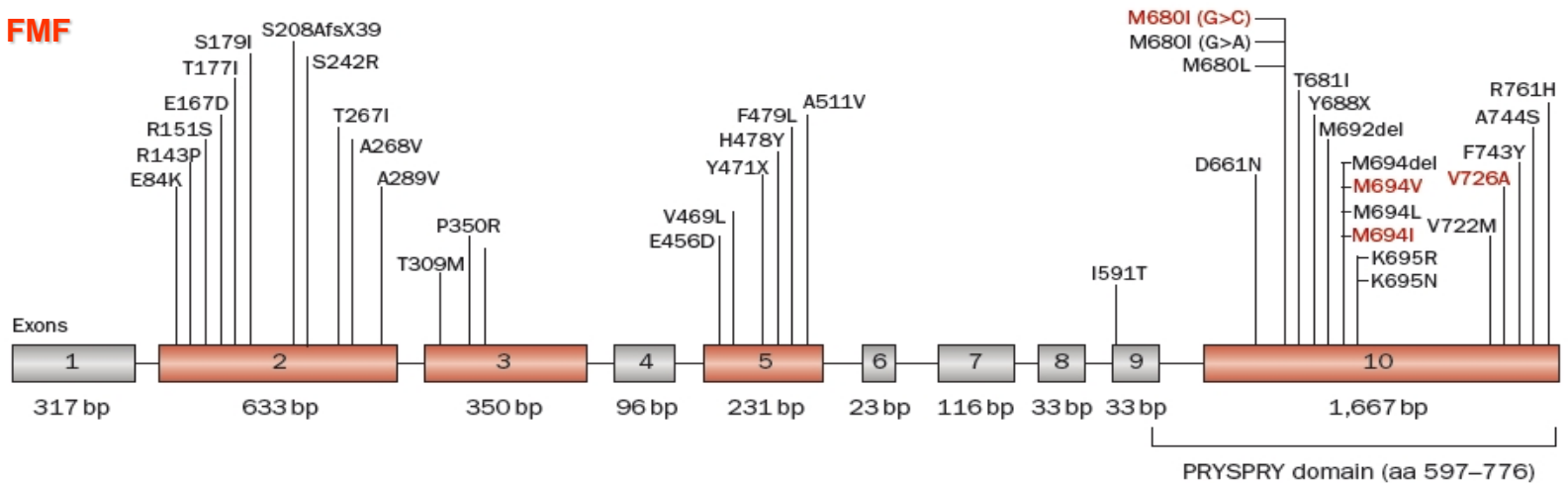
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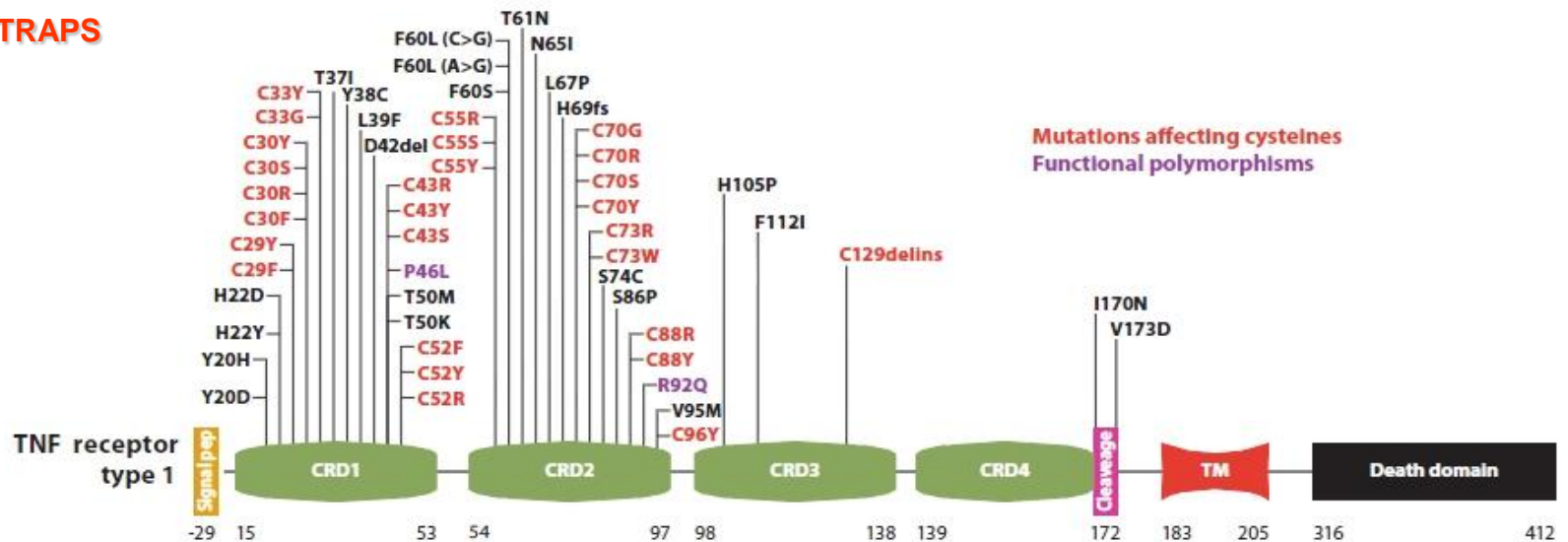
SLE



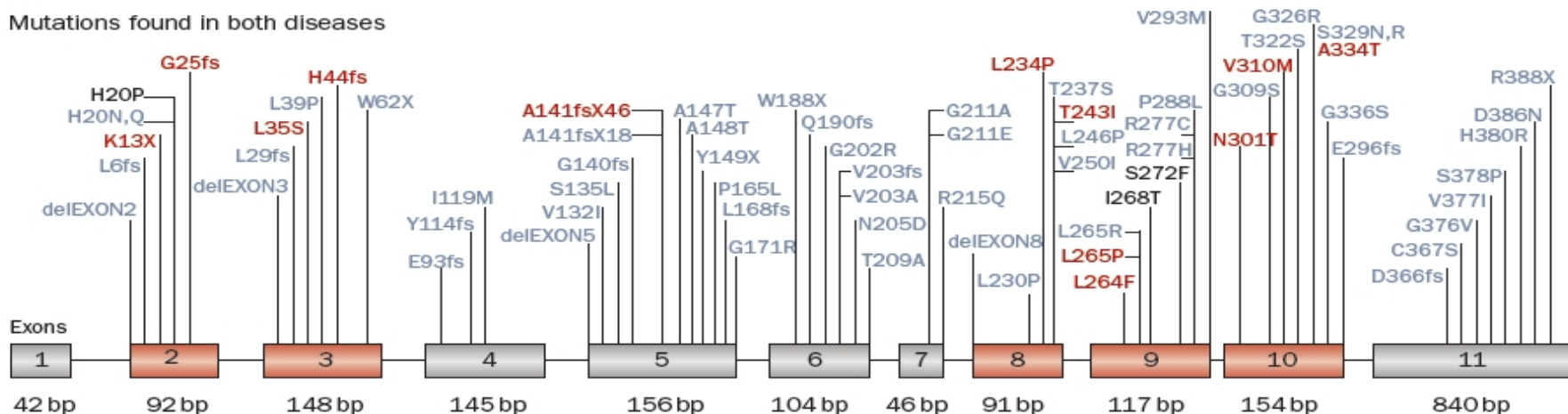
FMF



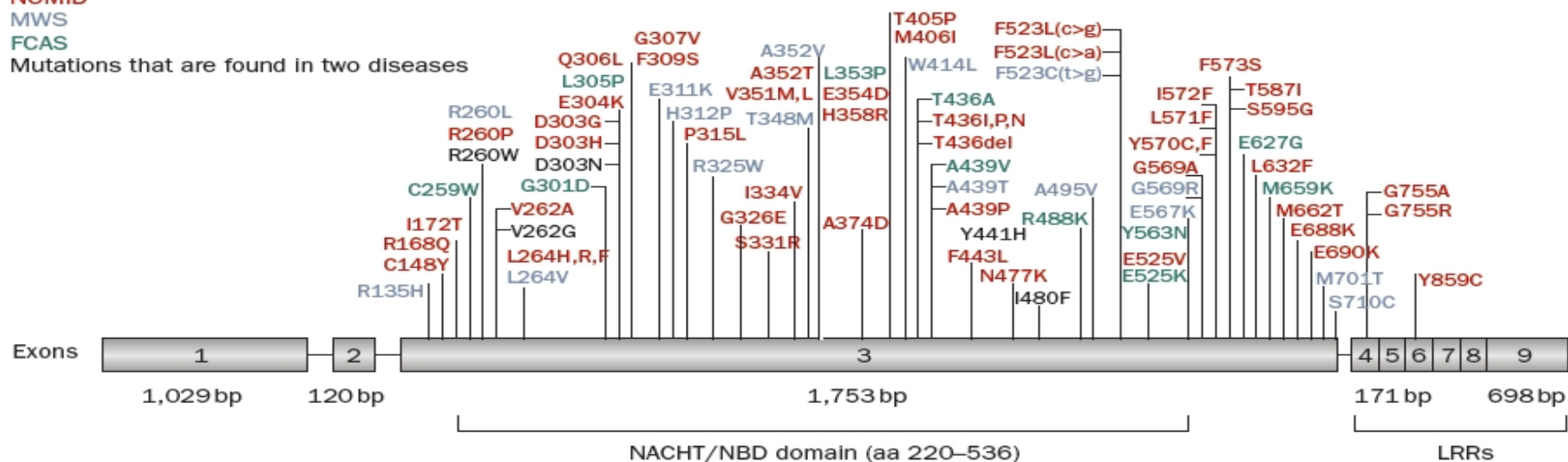
TRAPS



MA
HIDS
Mutations found in both diseases



NOMID
MWS
FCAS
Mutations that are found in two diseases





- Aparició asincrònica de la simptomatologia
- Absència d'alteració analítica
- Absència d'història familiar
- Estudi genètic negatiu



SINDROME AUTOINFLAMATORIO = INFLAMACION

DATOS INFLAMATORIOS OBJETIVOS:

- ❖ **VSG**
- ❖ **PCR**
- ❖ **SAA**
- ❖ **CALPROTECTINA (S100A12)**



- Limitacions dels estudis genètics i proteòmics:
 - Mutacions vs. polimorfismes
 - Polimorfismes funcionals
 - Manca d'identificació de la mutació
 - Coexistència de > 1mutació (gens iguals / diferents)
 - Mutacions germinals vs. mutacions somàtiques
 - Mutacions somàtiques en mosaïcisme
 - Efecte de la mutació genètica sobre la proteïna codificada:
 - Guany / pèrdua de l'efecte de la proteïna codificada
 - Guany / pèrdua de l'efecte regulador sobre les vies efectores

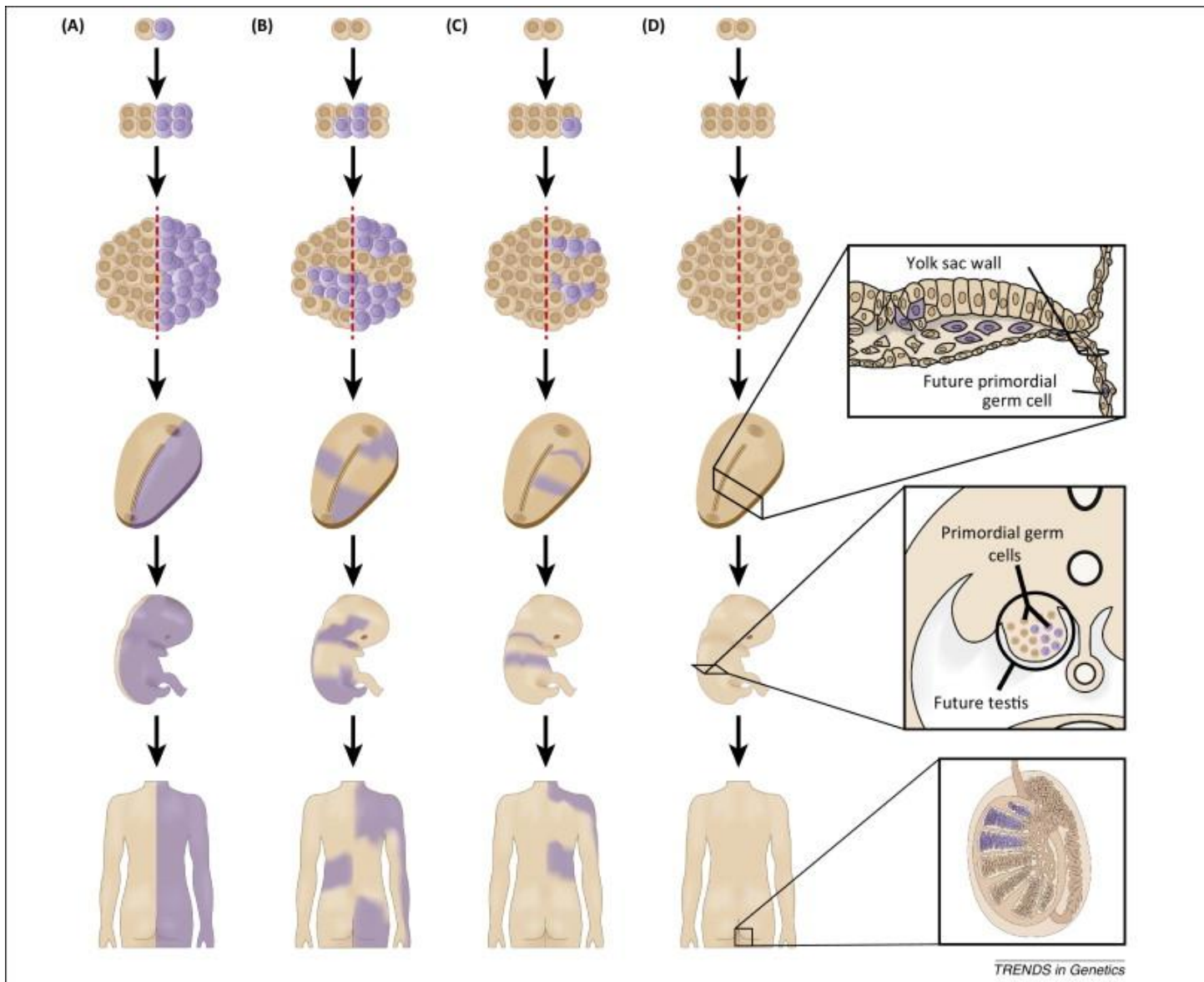
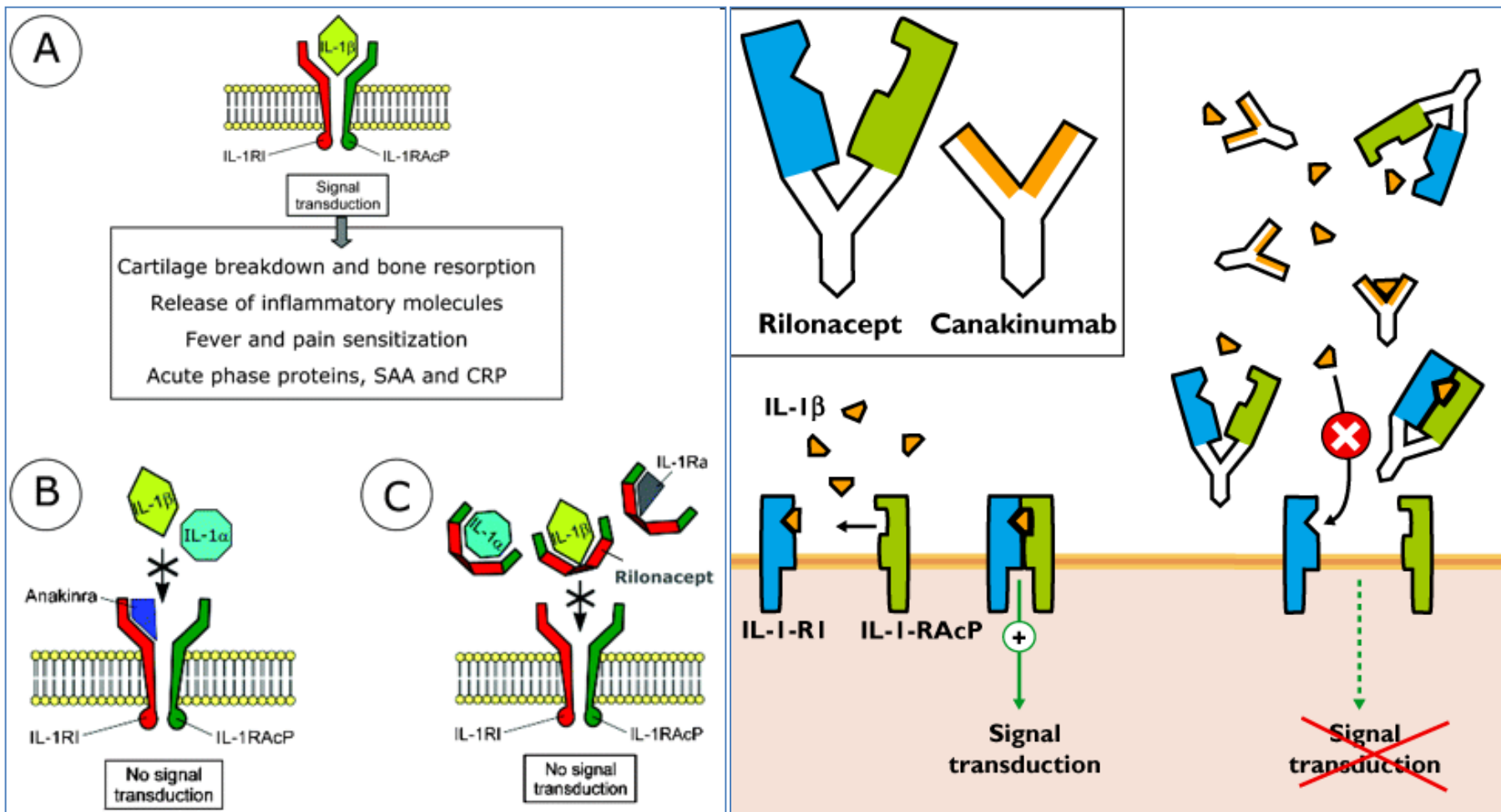


Table 2 Summary of evidence for treatments of choice

Disease	Level of evidence*	Treatments
FMF	1b	Colchicine
Colchicine resistant	2b	Corticosteroids
	2b†	Interferon- α
	4	Anakinra, etanercept, infliximab
CAPS	1b	Canakinumab, rilonacept
	2b	Anakinra
TRAPS	4	Corticosteroids
	2b	Anakinra, etanercept
MKD	4	NSAIDs, corticosteroids
	2b	Anakinra
	4	Etanercept
PAPA	4	Corticosteroids, anakinra, etanercept, infliximab, adalimumab
DIRA	1c	Anakinra
NLRP12	4	NSAIDs, corticosteroids
PFAPA	1a	(Adeno)tonsillectomy
	2b	Corticosteroids
	4	Anakinra

*Levels of evidence according to Oxford criteria:⁴ 1a, systematic review of randomised controlled trials (RCTs); 1b, RCT; 1c, all-or-none effect; 2a, systematic review of cohort studies; 2b, cohort study; 2c, outcomes; 3a, systematic review of case-control studies; 3b, case-control study; 4, case series; 5, expert opinion.



Identificar símptomes

Descartar causes més prevalents

Història familiar

Evaluació objectiva d'inflamació

Consultar