

Hello,

It's our pleasure to invite you to the first **International Debates on Endocrine Surgery (IDES)** to be held in Barcelona on 9 and 10 June 2016.

As you all know, endocrine surgery is continuously evolving, with new technologies and approaches appearing on a regular basis. While only a few of them become part of our standard surgical practice, many others do not last for long.

All new contributions are highly optimistic at their beginning, but time and further studies end up determining the exact role they play on endocrine surgery, lowering the initial promising prospects.

We have chosen two outstanding topics: First, the use of indocyanine green, owing to its new role helping us to evaluate intraoperatively parathyroid function and maybe allowing us to take "ad hoc" decisions; and second hemithyroidectomy y through an axillary laparoscopic approach. We will have the opportunity to watch a live surgery as well as to discuss about if there is a place for this approach on endocrine surgery. We will discuss about indications, patient screening, advantages, etc.

To that end, we have drawn on guests of the highest caliber, with longstanding experience on endocrine surgery. They all master the topics to be discussed.

We want to offer you a very dynamic course, leading to lively debate based on live surgeries, with guest speakers and with all of you – endocrine surgeons, general surgeons and residents – who, most likely in the immediate future, will have to decide on the use of these new technologies and approaches, and to implement them.

We're aware of the great many courses and conferences on offer, but we think you could find this format interesting enough to want to actively engage in the debates.

Then, of course, there is Barcelona: the perfect city thanks to its location, weather, city life and culture, which may also help persuade you to come and spend the weekend here.

We look forward to seeing you.

Kind regards,

Pablo Moreno Llorente and
José Manuel Rodríguez

Sede/Venue

Hospital Universitari de Bellvitge
SALA D'ACTES
c/ Feixa Llarga, s/n
08907 L'Hospitalet de Llobregat
Barcelona



Directores del curso y comité organizador/Course directors & organizing committee

 **Bellvitge**
Hospital Universitari
Dr. Pablo Moreno

 **Arrixaca**
Hospital Universitario
"Virgen de la Arrixaca"
Dr. José Manuel Rodríguez

Colaboradores/Collaborators

Dr. José Manuel Francos Martínez
Dra. Arantxa García Barrasa

Dr. Antonio Ríos Zambudio
Dra. Beatriz Febrero Sánchez

INSCRIPCIONES Y ALOJAMIENTO/REGISTRATIONS & ACCOMMODATION

Cuotas de inscripción Registration fees	Hasta el 30 de abril Until April 30th	Desde el 1 de mayo After May 1st
Médicos/Surgeons	350 €	390 €
Residentes/Residents & nursing	200 €	220 €

IVA incluido/VAT included

Alojamiento/Accommodation

HOTEL FIRA CONGRESS BARCELONA
C/José Agustín Goytisolo, 9-11 - Hospitalet de Llobregat (Barcelona)

Habitación individual/Single Room	135 €
Habitación doble/Double Room	145 €

IVA incluido/VAT included

Tasa turística no incluida/Touristic TAX not included



Secretaría técnica/Congress organizer

Reunions i Ciència. Montnegre, 18-24 Bajos - 08029 Barcelona
T. +34 93 410 86 46 - E-mail: ides@gruporic.com

IDES'16

INTERNATIONAL DEBATES ON ENDOCRINE SURGERY

Barcelona 9 y 10 de junio/June 9th -10th 2016

www.cirurgiaendocrina.com/IDES

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Hola,

Es un placer invitaros a la primera edición de **Debates Internacionales en Cirugía Endocrina (IDES)** que se celebrará en Barcelona los días 9-10 de Junio de 2016.

Como todos sabéis, la cirugía endocrina está en constante evolución, nuevas tecnologías y abordajes surgen periódicamente. Algunas por muy poco tiempo mientras que otras para quedarse entre nosotros y formar parte de la rutina quirúrgica.

Todas las nuevas aportaciones son en principio muy optimistas pero el tiempo y los estudios acaban por determinar cual es el papel exacto que tienen en la cirugía endocrina rebajando las perspectivas iniciales.

Este año hemos elegido dos temas que nos parecen importantes; uno, la utilización del verde de indocianina, por su novedad en cuanto que puede ayudarnos a evaluar la función paratiroidea en el postoperatorio inmediato y tomar decisiones "ad hoc" y, por otra parte, el poder discutir el lugar que le corresponde al abordaje axilar (indicaciones, selección de pacientes, ventajas, etc).

Para ello contamos con invitados de gran calidad y experiencia en la cirugía endocrina. Son expertos en los temas que vamos a debatir y que nos van a enseñar.

Pretendemos que el curso sea muy activo, dando lugar a intensos debates que se originan en cirugía en vivo, con discusores invitados y con todos vosotros, cirujanos endocrinos, generales y residentes que, probablemente, en el futuro inmediato vais a tener que plantearos el uso de nuevas tecnologías y abordajes e implementarlos.

Somos conscientes del alto número de Cursos y Congresos que se realizan pero creemos que este formato puede ser suficientemente atractivo para que os animéis a participar activamente en los debates.

Además, contamos con Barcelona, una ciudad perfecta por su localización, clima, urbanismo y cultura que puede hacer que además os planteéis pasar el fin de semana aquí.

Os esperamos.

Un abrazo,

Pablo Moreno Llorente y
José Manuel Rodríguez

COMITÉ ORGANIZADOR/ORGANIZING COMMITTEE

PABLO MORENO, MD, PhD



Head, Endocrine Surgery Unit
Department of General and Digestive Surgery

Bellvitge University Hospital,
Barcelona, Spain

Education

1980-1986 Bachelor in Medicine by Universidad Autónoma de Madrid, Spain. 1988-1992 Residency Program in General and Digestive Surgery at Bellvitge University Hospital in Barcelona, Spain. 1994 Doctor Philosophiae (PhD), University of Barcelona, with the Doctoral Thesis entitled "Critical Analysis of Orthotopic Liver Transplant in Patients with Hepatocellular Carcinoma". 2008 Fellow of the European Board Surgery (FEBS): Neck Surgery.

Professional Activity

1992-1995. Consultant Surgeon at the Emergency Department of the Bellvitge University Hospital and Collaborator Surgeon of the Bellvitge Liver Transplant Team.

1995-2000. Consultant Surgeon at the Pancreatic Surgery Unit and at the Esophagogastric Surgery Unit at the Bellvitge University Hospital. Medical Coordinator of the Upper Gastrointestinal Bleeding Unit. During this period, 3 Doctoral Thesis were developed under my supervision.

2000-2005. Consultant Surgeon at the Endocrine Surgery Unit and the Obesity Morbid Team.

2007-present. Head of the Endocrine Surgery Unit.

Private Practice Head of the Institute of Endocrine Surgery (ICE).

CME 1989 Albert Einstein Medical Center in Philadelphia (USA) at the ICU and kidney - pancreas transplant Unit. Surgical Department (prof. P. Miccoli) of Santa Chiara Hospital in Pisa (Italy), learning minimally invasive thyroid and parathyroid surgery.

2006 Memorial Sloan Kettering Cancer Center in New York (USA) at Head & Neck Service (J. Shah). Department of General, Vascular and Visceral Surgery (Prof. Henning Dralle). Wittenberg University. Halle/Sale (Germany).

2002-present Associate Professor of Surgery at the University of Barcelona (UB).

JOSÉ MANUEL RODRÍGUEZ



Head of Department, Endocrine Surgery Unit
Departament of General Surgery
Virgen Arrixaca University Hospital
Murcia, Spain

Education

Bachelor in Medicine and Surgery by Universidad de Murcia.

MIR in General Surgery in Hospital Universitario Virgen de la Arrixaca de Murcia.

Professor of Surgery in Universidad de Murcia.

Residency program for specialization in Endocrine Surgery in Universidad de California San Francisco (Prof. Orlo Clark) (1992, 1994, 2001) and Hospital Universitario de Lille (Prof. Proye) in 1998.

Professional Activity

European Board in Endocrine Surgery (Viena 2010).

More than 250 articles published, 150 Endocrine Surgery articles.

160 papers in Conferences and specialization courses (National and International).

Director of 12 Doctoral Thesis.

Director of specialization courses "Workshop of Advanced Endocrine Surgery" (from 2013) and "Workshop of Multiple Endocrine Neoplasia" (from 2015).

Coordinator of Endocrine Surgery Department in AEC from 2005 to 2009.

IAES Member (International Association of Endocrine Surgeons) ESES Member (European Society of Endocrine Surgery), AEC (Asociación Española de Cirujanos), SEEN (Sociedad Española de Endocrinología).

President, NGO Cirugía Solidaria.

IDES'16

INTERNATIONAL DEBATES ON ENDOCRINE SURGERY

JUEVES 9 THURSDAY 9th

08.15 - 08.45 **Registro/Registration**

08.45 - 09.00 **Bienvenida e introducción/Welcome and Introduction**

09.00 - 09.15 **Introducción de los casos quirúrgicos/Introduction to surgical cases**

09.15 - 15.30 **SURGERY**

ROOM 1

Caso 1/Case 1: Secondary hyperparathyroidism.

Subtotal parathyroidectomy

Caso 2/Case 2: Total thyroidectomy/Subtotal adrenalectomy?

12.00 **Comida de trabajo/Lunch**

ROOM 2

Caso 3/Case 3: Papillary thyroid cancer. Total thyroidectomy+ central neck dissection

Caso 4/Case 4: Secondary hyperparathyroidism.

Subtotal parathyroidectomy

15.30 - 18.00 **LECTURES**

15.30 - 16.00 *Indocyanine green. Predictive value in thyroid and parathyroid surgery* **J Vidal**

16.00 - 16.30 *Present and future of chemoluminescence in Endocrine surgery. Insights* **F Triponez**

16.30 - 18.00 **DEBATE 1**

Moderadores/chairs: JM Rodríguez, P Moreno

Panelists: F Triponez, J Vidal, JL Kraimps, L Brunaud

VIERNES 10 FRIDAY 10th

08.30 - 09.00 **LECTURE**

Introduction to Laparoscopic axillary thyroidectomy. Patient selection and preliminary results **WB Inabnet**

09.30 - 10.00 *My experience on robotic thyroidectomy. A critical point of view* **L Brunaud**

09.00 - 12.30 **SURGERY**

Hemithyroidectomy, transaxillary laparoscopic approach

12.30 - 13.00 **Descanso y café/Coffee-break**

13.00 - 13.30 **LECTURE**

Thyroidectomy without neck scar. Laparoscopic or robotic approach? **WB Inabnet**

13.30 - 15.00 **DEBATE 2**

Endoscopic transaxillary thyroidectomy

Moderadores/chairs: JM Rodríguez, P Moreno

Panelists: F Triponez, J Vidal, JL Kraimps, L Brunaud

15.00

Closure and farewell cocktail

PONENTES/SPEAKERS



WILLIAM B. INABNET is an international authority in the field of minimally invasive endocrine and laparoscopic surgery. He has pioneered new techniques in minimal access endocrine neck surgery as well as adrenal and pancreatic surgery. Dr. Inabnet is also a leader in the field of minimally invasive bariatric surgery with a keen interest in disorders of the endocrine system in obese patients, especially type 2 diabetes. Prior to returning to the Department of Surgery at Mount Sinai, Dr. Inabnet served as the Chief of Endocrine Surgery and Co-Director of the

Thyroid Center, at the College of Physicians and Surgeons of Columbia University in New York City. He received his medical degree as well as his bachelors at the University of North Carolina at Chapel Hill. Dr. Inabnet completed a 5 year residency in general surgery with Dr. Richard Prinz at Rush Medical College and Rush-Presbyterian-St. Luke's Medical Center in Chicago, Illinois. He then fulfilled a fellowship in endocrine surgery at Cochin Hospital in Paris, France where he trained under Professor Yves Chapuis, who was a pioneer in minimally invasive parathyroid, thyroid and adrenal surgery. Dr. Inabnet is a co-investigator for 1 of only 6 U.S. medical centers to receive a multimillion dollar National Institutes of Health (NIH) grant to study the utility of bariatric surgery for patients over a 5 year period (the Longitudinal Assessment of Bariatric Surgery). He recently launched a fully funded multicenter, randomized controlled trial comparing optimal medical therapy to gastric bypass in type 2 diabetic patients with moderate obesity (BMI<35). Dr. Inabnet has authored more than 130 peer-reviewed articles and book chapters, as well as 3 textbooks, including the recently released book Endocrine Surgery: Principles and Practice. He lectures throughout the world and was recently inducted into the Society of University Surgeons as well as the French National Academy of Surgery, a rare honor for a non-French surgeon. The Division merges endocrine surgery with laparoscopy and minimally invasive surgery through the common link of metabolism. Dr. Inabnet oversees the multidisciplinary thyroid, parathyroid and adrenal program development at Mount Sinai.



FRÉDÉRIC TRIPONEZ completed his medical studies in Geneva in 1996. He specialised in General and Digestive Surgery at Hôpitaux Universitaires de Genève (HUG) and completed his training in Endocrinological Surgery in Lille (Prof C. Proye), Paris and San Francisco (Profs O. Clark and Q. Duh). On returning to Geneva in 2005, he practiced at the HUG, the largest endocrinological surgery centre in Switzerland, while completing his training in Thoracic Surgery in Paris. His core research activity is in endocrine tumours of the pancreas, kidney related hyperthyroidism,

thyroid cancer and, more recently, the development of intraoperative imaging techniques during neck surgery. He is actively engaged in undergraduate and post-graduate teaching of Thoracic Surgery. He has been the Head of the Thoracic and Endocrinological Surgery Department at the HUG since December 2013 and is a Professor at the School of Medicine in Geneva.



JORDI VIDAL FORTUNY completed his university studies at the School of Medicine of Lleida (1995-2001).

Following an introduction to the world of surgery from Quirúrgica Asociados in Barcelona, where he attended surgeries, he specialised in General and Digestive Surgery in Switzerland.

Dr Vidal Fortuny trained in various Swiss hospitals - Riaz, Fribourg and Nyon - and has spent the past four years practising at Hôpitaux Universitaires de Genève (*HUG). In the past few years he has been specialising in endocrinological surgery of the neck at the Thoracic and Endocrinological Surgery Department at the HUG, where he has been able to develop an imaging-based surgical technique to improve patient safety and the outcome of thyroid and parathyroid surgery. This procedure led him to submit several articles and conduct a randomised clinical trial.

He is currently working in private practice for the Genolier Swiss Medical Network group, while continuing to work as a consultant and researcher at the HUG.