

A cross-sectional CT scan of the thoracic aorta with a color Doppler overlay. The aorta is the large, circular structure in the center, showing a mix of green and yellow colors, indicating blood flow. The surrounding structures are in shades of blue and black.

Tractament quirúrgic de l'aorta ascendent:
quan i com?

De la fisiopatologia al tractament quirúrgic

Josep Maria Alegret

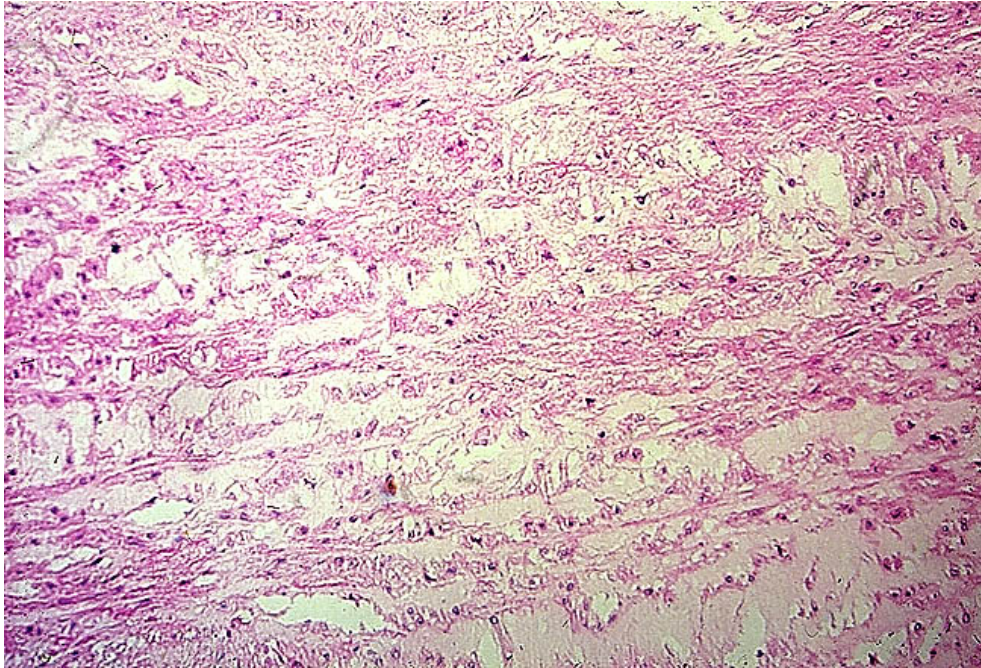
Hospital Universitari de
Sant Joan de Reus, IISPV

Imatge Cardíaca
Corporació CRC

- Fisiopatologia dels aneurismes de l'Aorta toràcica (AAT) (ascendent)
- Tipus d'AAT
- Tractament mèdic
- Indicació quirúrgica

Fisiopatologia dels AAT

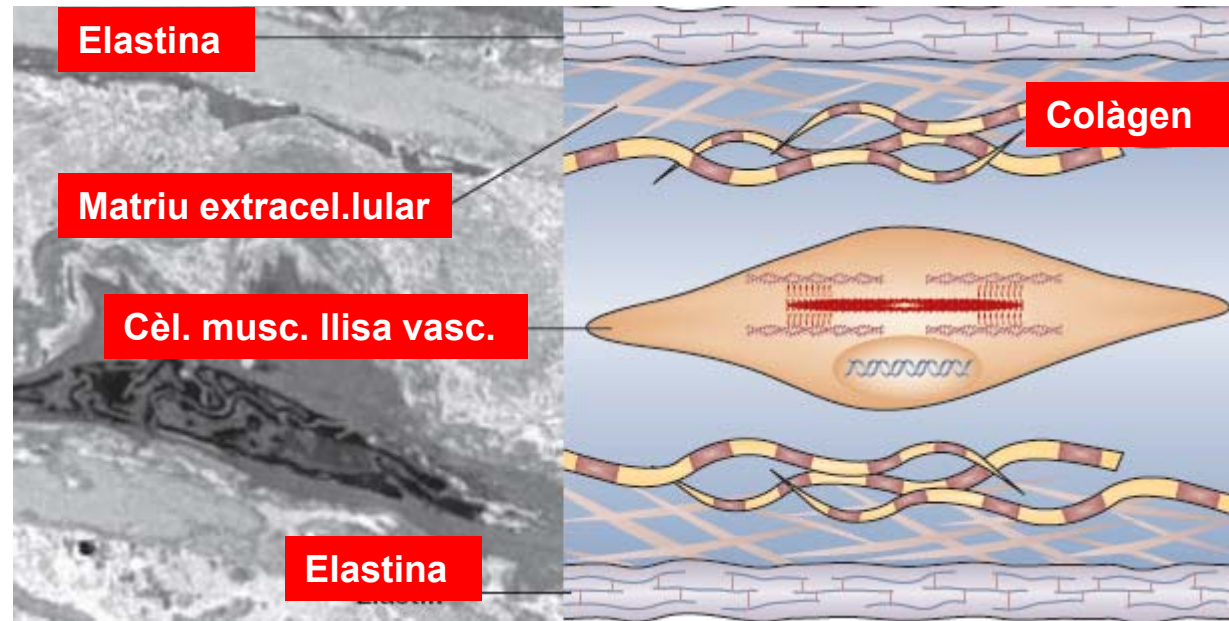
Aneurisma Ao toràcica vs Abdominal: Diferent causa, diferent histopatologia



AAT *Degeneratiu*

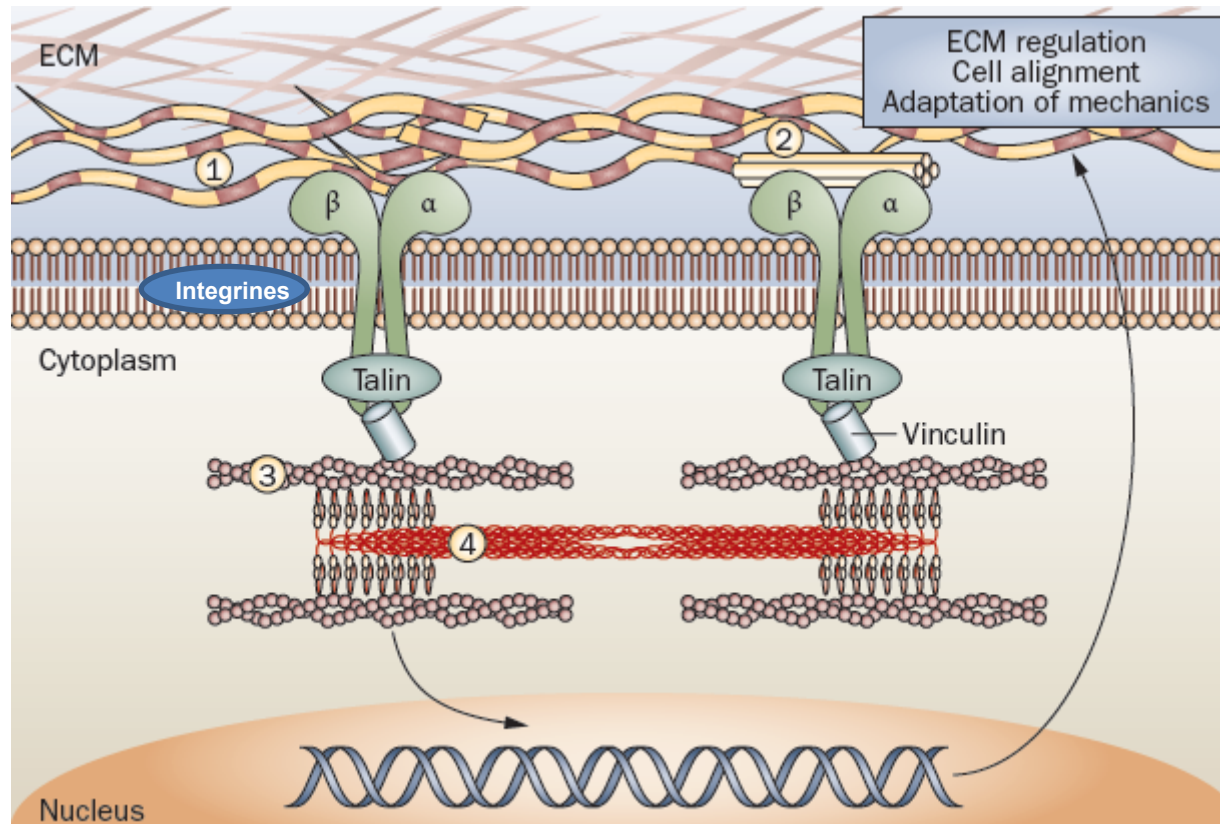


AAA *Ateroscleròtic*

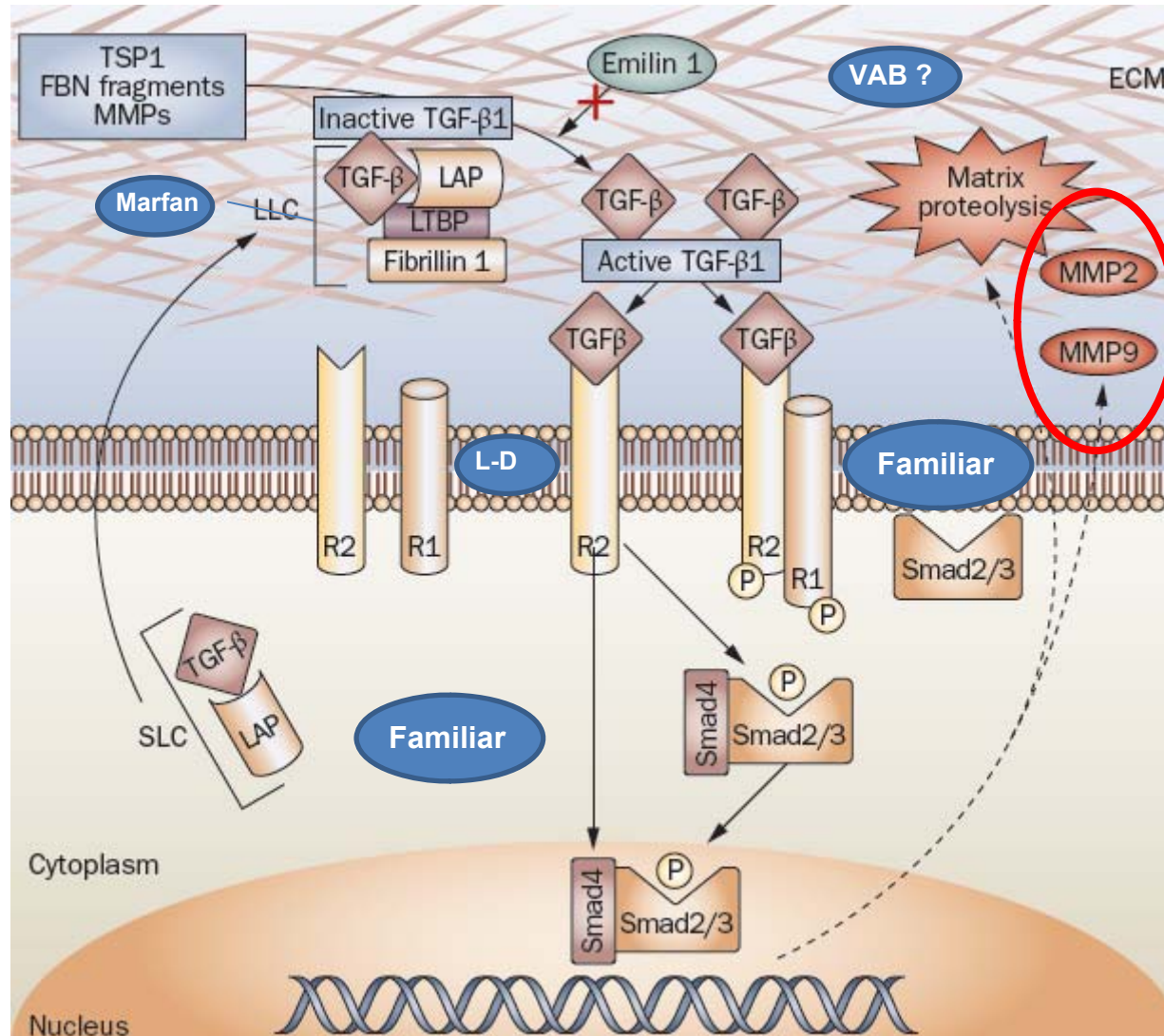


Unitat Lamelar

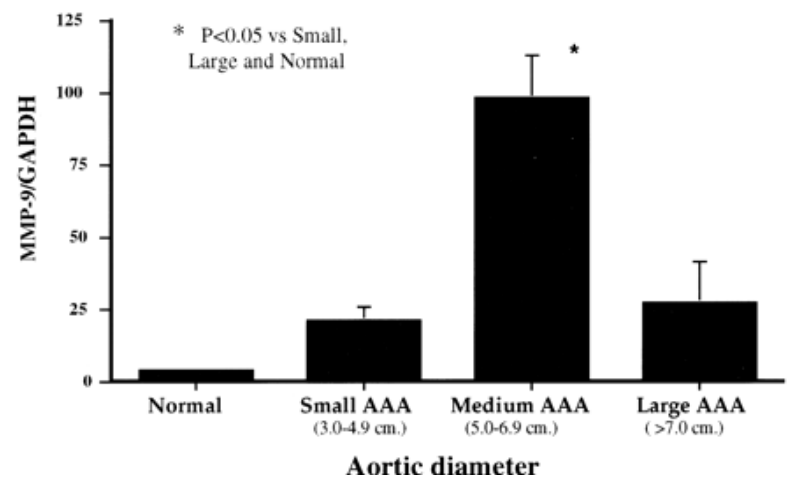
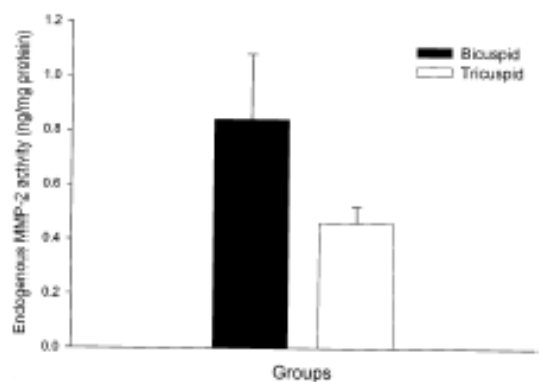
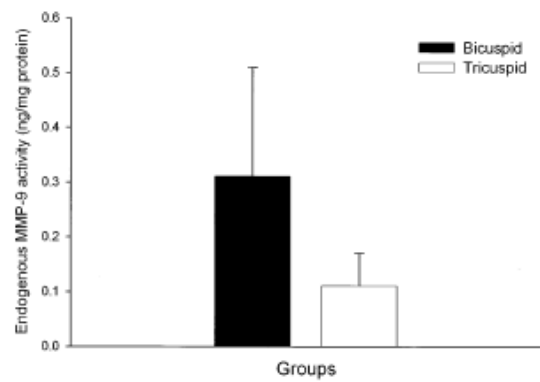
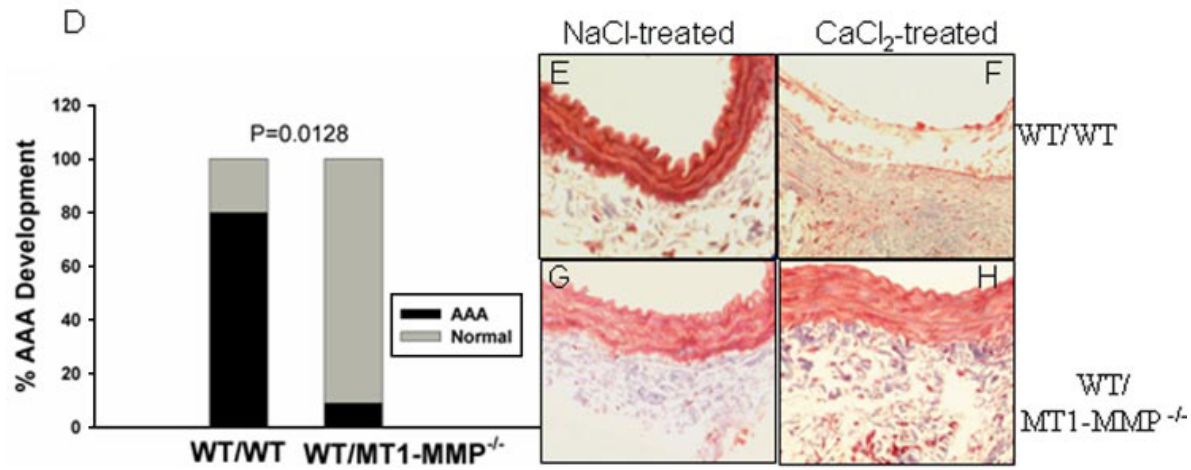
Mecanotransducció: Interacció entre Matriu EC-receptors de membrana-citoesquelet



Paper clau de *TGF-β1* en la formació dels AAT



El-Hamamsy, I. & Yacoub, M. H. *Nat. Rev. Cardiol.* 6, 771–786 (2009)



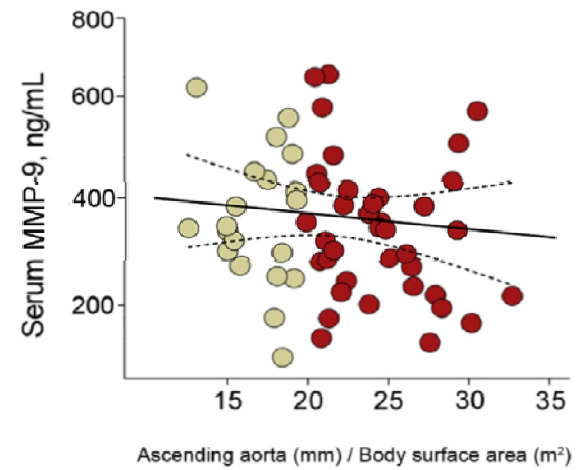
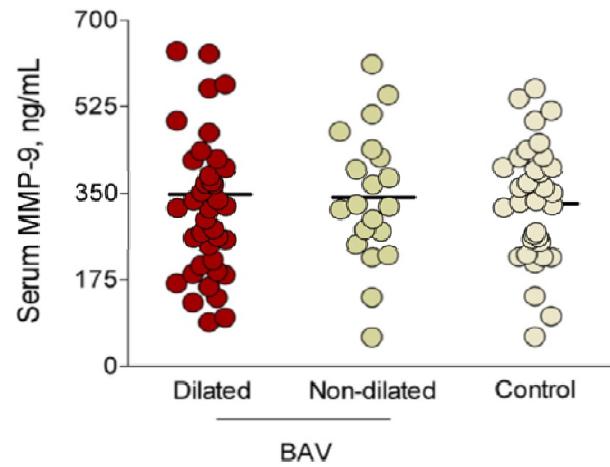
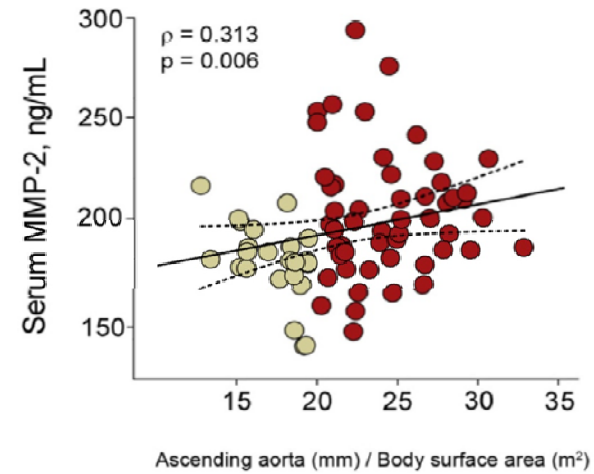
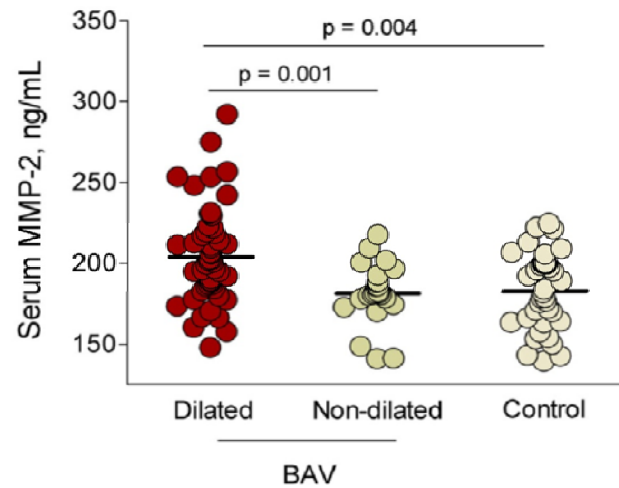
Major expressió de diverses **MMP** als AAT (MT1, 2, 7, 9, 13...)

Heterogenicitat: diversos mecanismes d'activació i MMP implicades

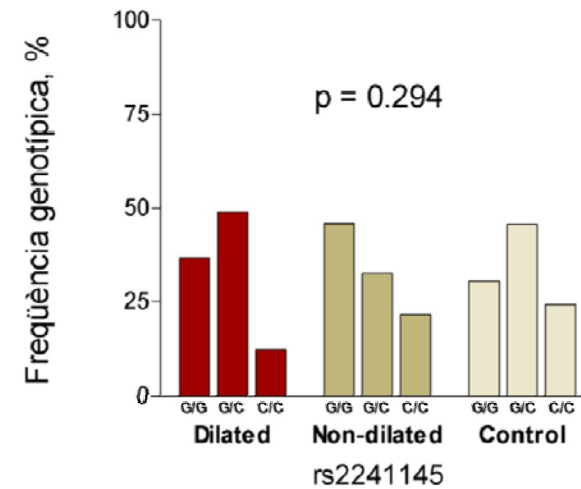
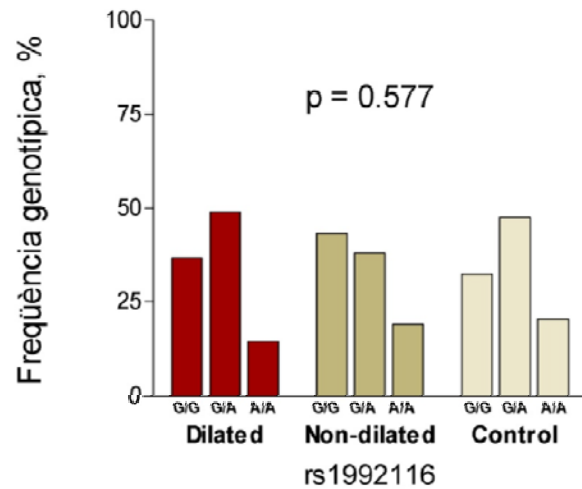
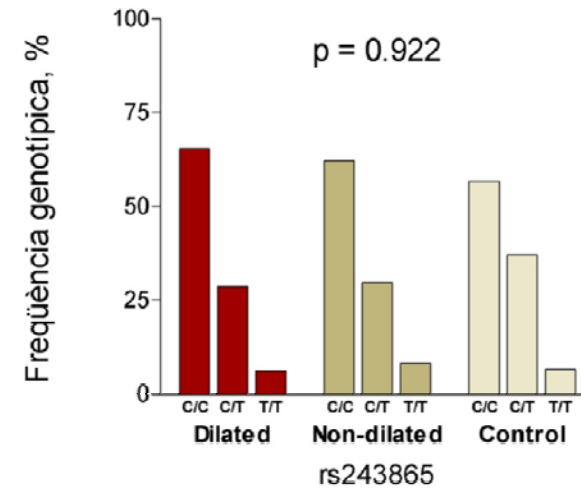
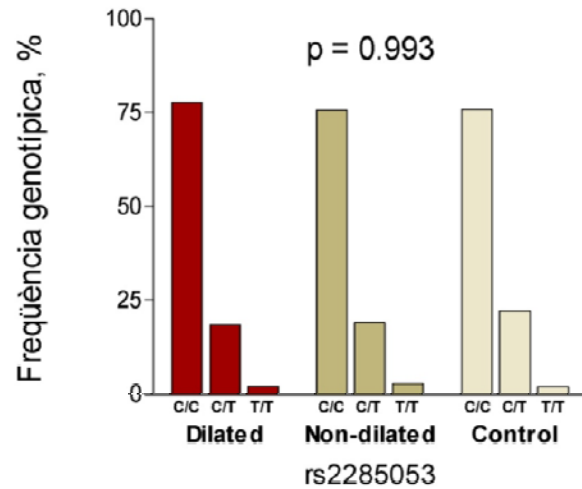
Boyrn J. *J Thor Cardiovasc Surg* 2004,
 Ikonomidis JS, *Thor Cardiovasc Surg* 2007

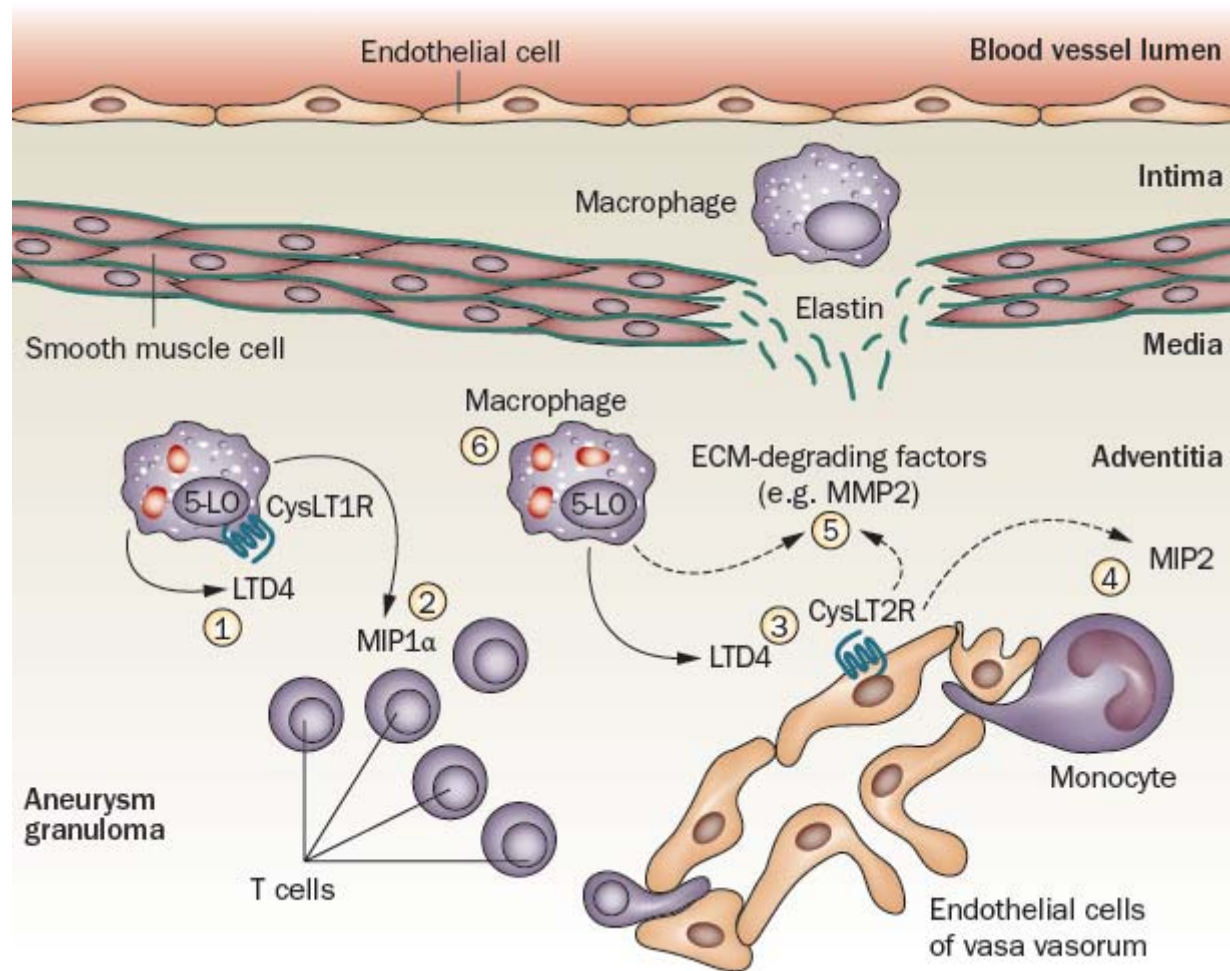
.....

**MMP també identificables en sang perifèrica:
Majors nivells circulants de MMP-2 a la dilatació Ao ascendent per VAB**



...sense que sigui degut a polimorfismes amb > expressió de MMP-2





Paper de la Inflamació ?

[Display Settings:](#) ▾ Abstract[Send to:](#) ▾[Circulation. 2011 Sep 13;124\(11 Suppl\):S168-73.](#)

Pravastatin reduces Marfan aortic dilation.

[McLoughlin D](#), [McGuinness J](#), [Byrne J](#), [Terzo E](#), [Huuskonen V](#), [McAllister H](#), [Black A](#), [Kearney S](#), [Kay E](#), [Hill AD](#), [Dietz HC](#), [Redmond JM](#).

Department of Surgery, Royal College of Surgeons in Ireland, Dublin, Ireland.

Abstract

BACKGROUND: The sequelae of aortic root dilation are the lethal consequences of Marfan syndrome. The root dilation is attributable to an imbalance between deposition of matrix elements and metalloproteinases in the aortic medial layer as a result of excessive transforming growth factor-beta signaling. This study examined the efficacy and mechanism of statins in attenuating aortic root dilation in Marfan syndrome and compared effects to the other main proposed preventative agent, losartan.

METHODS AND RESULTS: Marfan mice heterozygous for a mutant allele encoding a cysteine substitution in fibrillin-1 (C1039G) were treated daily from 6 weeks old with pravastatin 0.5 g/L or losartan 0.6 g/L. The end points of aortic root diameter (n=25), aortic thickness, and architecture (n=10), elastin volume (n=5), dp/dtmax (maximal rate of change of pressure) (cardiac catheter; n=20), and ultrastructural analysis with stereology (electron microscopy; n=5) were examined. The aortic root diameters of untreated Marfan mice were significantly increased in comparison to normal mice (0.161 ± 0.001 cm vs 0.252 ± 0.004 cm; $P < 0.01$). Pravastatin (0.22 ± 0.003 cm; $P < 0.01$) and losartan (0.221 ± 0.004 cm; $P < 0.01$) produced a significant reduction in aortic root dilation. Both drugs also preserved elastin volume within the medial layer (pravastatin 0.23 ± 0.02 and losartan 0.29 ± 0.03 vs untreated Marfan 0.19 ± 0.02 ; $P = 0.01$; normal mice 0.27 ± 0.02). Ultrastructural analysis showed a reduction of rough endoplasmic reticulum in smooth muscle cells with pravastatin (0.022 ± 0.004) and losartan (0.013 ± 0.001) compared to untreated Marfan mice (0.035 ± 0.004 ; $P < 0.01$).

CONCLUSIONS: Statins are similar to losartan in attenuating aortic root dilation in a mouse model of Marfan syndrome. They appear to act through reducing the excessive protein manufacture by vascular smooth muscle cells, which occurs in the Marfan aorta. As a drug that is relatively well-tolerated for long-term use, it may be useful clinically.

PMID: 21911808 [PubMed - indexed for MEDLINE]

Am J Cardiol. 2011 Nov 15;108(10):1458-62.

Comparison of ascending aortic size in patients with severe bicuspid aortic valve stenosis treated with versus without a statin drug.

Goel SS, Tuzcu EM, Agarwal S, Aksoy O, Krishnaswamy A, Griffin BP, Svensson LS, Kanadia SR.

Department of Cardiovascular Medicine, Cleveland Clinic Foundation, Cleveland, Ohio.

Abstract

Ascending aortic dilation commonly occurs in patients with bicuspid aortic valve (BAV). Statins have been shown to reduce the expression of matrix metalloproteinases and slow the progression of abdominal aortic aneurysms. The role of statins in slowing ascending aortic dilation in patients with BAV is unknown. We sought to compare the ascending aortic dimensions in patients with BAV stenosis treated with versus without a statin. From our catheterization laboratory database, all patients undergoing preoperative coronary angiography before aortic valve with or without ascending aorta replacement for bicuspid aortic stenosis (AS) from 2004 to 2007 were identified. The ascending aortic size was measured on their preoperative transesophageal echocardiogram. Data on statin use were obtained from chart review, and the ascending aortic size was compared between patients taking and not taking a statin. The study sample included 147 patients, of whom 76 were treated with statins (mean age 62 ± 9 years, 72% men) and 71 were not (mean age 59 ± 12 years, 68% men). The total and low-density lipoprotein cholesterol and triglyceride levels were significantly lower in the statin group. The ascending aorta size was significantly lower in the statin subgroup of the pure severe AS group (3.6 ± 0.7 cm vs 3.9 ± 0.6 cm, $p < 0.01$) but not in the mixed severe AS and severe aortic regurgitation group. In the pure severe AS group, significantly fewer patients taking a statin had an ascending aorta ≥ 4 cm (29% vs 52%, $p < 0.02$). On multivariate analysis, statin use was the only independent predictor of aortic size and was associated with a 0.33-cm reduction in aortic size (95% confidence interval 0.06 to 0.59, $p < 0.01$). In conclusion, patients with statin-treated BAV stenosis have a smaller ascending aortic size than patients with BAV untreated with statins.

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PMID: 22040719 [PubMed - in process]

Dilated aortic root is related to a global aortic dilating diathesis

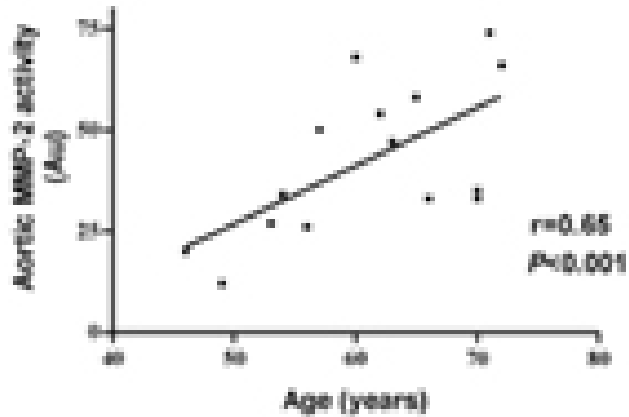
Josep M. Alegret, PhD,^{a,b,d} Nahum Calvo, MD,^b Carme Ligeró, MD,^a Raquel Palomares, MD,^a Lidón Millá, MD,^b Vicente Martín-Paredero, PhD,^c Manuel Montero, MD,^b and Jorge Joven, PhD,^d *Reus and Tarragona, Spain*

Objective: The purpose of this study was to analyze the association between the dilatation of the aortic root and the diameters of the rest of the aorta and to identify some related factors that could be used to identify patients at higher risk of presenting with an aortic aneurysm.

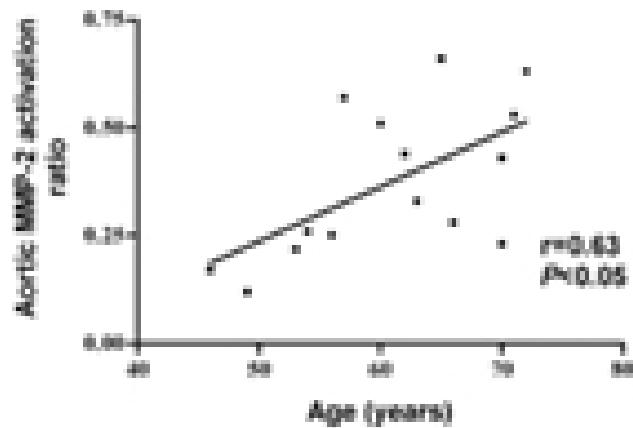
Methods: In 71 consecutive patients with a dilated aortic root identified by transthoracic echocardiography, prospective helical computed tomography was performed. Aortic diameters were measured perpendicular to the flow at seven levels in the thoracic and abdominal aorta.

Results: Ascending aorta diameter showed a moderate correlation with aortic indexed diameters at the thoracic and abdominal level in tricuspid aortic valve patients (r ranging from 0.37-0.56), whereas in patients with a bicuspid aortic valve, a moderate correlation between the ascending aorta diameters and the thoracic descending aorta diameters was observed (r 0.51-0.53). In a multivariate analysis, age was independently related to indexed diameter at all aortic sites (β ranging from 0.06-0.12 per year), whereas aortic regurgitation was independently related only to thoracic aorta diameter (β ranging from 1.17-1.84). Age ($P < .0001$), body surface area ($P < .0001$), and grade of aortic valve regurgitation ($P = .001$) independently predicted aortic volume.

Conclusion: Different patterns of aortic diameters were observed in patients with dilated aortic root, depending on age, aortic valve morphology, and function. When a dilated aortic root is detected in older patients with a tricuspid aortic valve, an accurate cardiovascular survey that includes the entire aorta is needed. These results provide further evidence about the systemic nature of aortic dilatation. (*J Vasc Surg* 2010;52:867-72.)



L'envelliment s'associa a un increment de l'activitat de MMP-2 a l'aorta humana



McNulty M, Am J Hyper 2005

[Display Settings:](#) Abstract[Send to:](#)

[Circ Res.](#) 2011 Oct 28;109(10):1115-9. Epub 2011 Sep 8.

MicroRNA-29 in Aortic Dilatation: Implications for Aneurysm Formation.

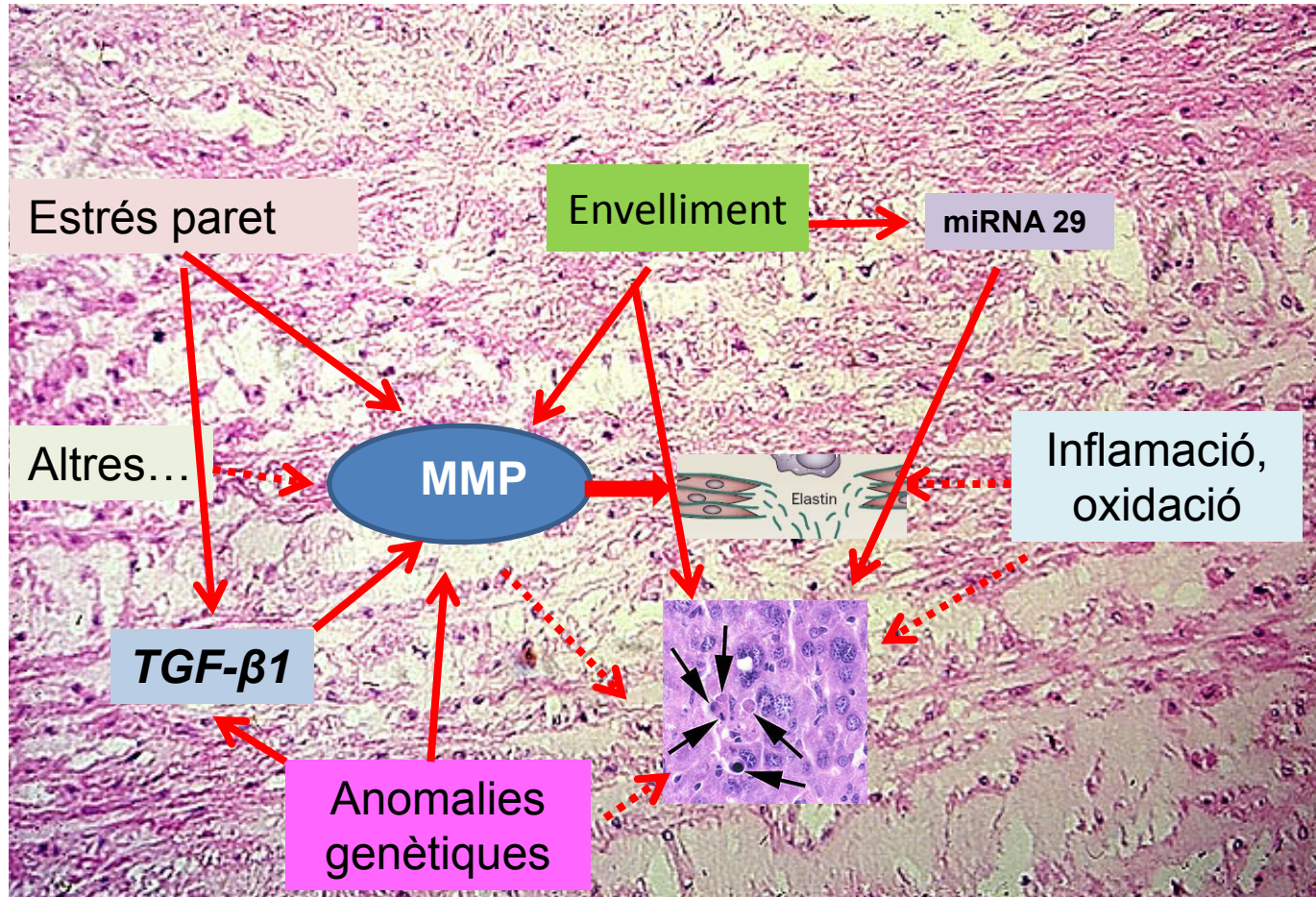
[Boon RA](#), [Seeger T](#), [Heydt S](#), [Fischer A](#), [Herqenreider E](#), [Horrevoets AJ](#), [Vinciguerra M](#), [Rosenthal N](#), [Sciacca S](#), [Pilato M](#), [van Heijningen P](#), [Essers J](#), [Brandes RP](#), [Zeihner AM](#), [Dimmeler S](#).
Institute for Cardiovascular Regeneration, Centre for Molecular Medicine, Goethe University, Theodor Stern-Kai 7, 60590 Frankfurt, Germany. dimmeler@em.uni-frankfurt.de.

Abstract

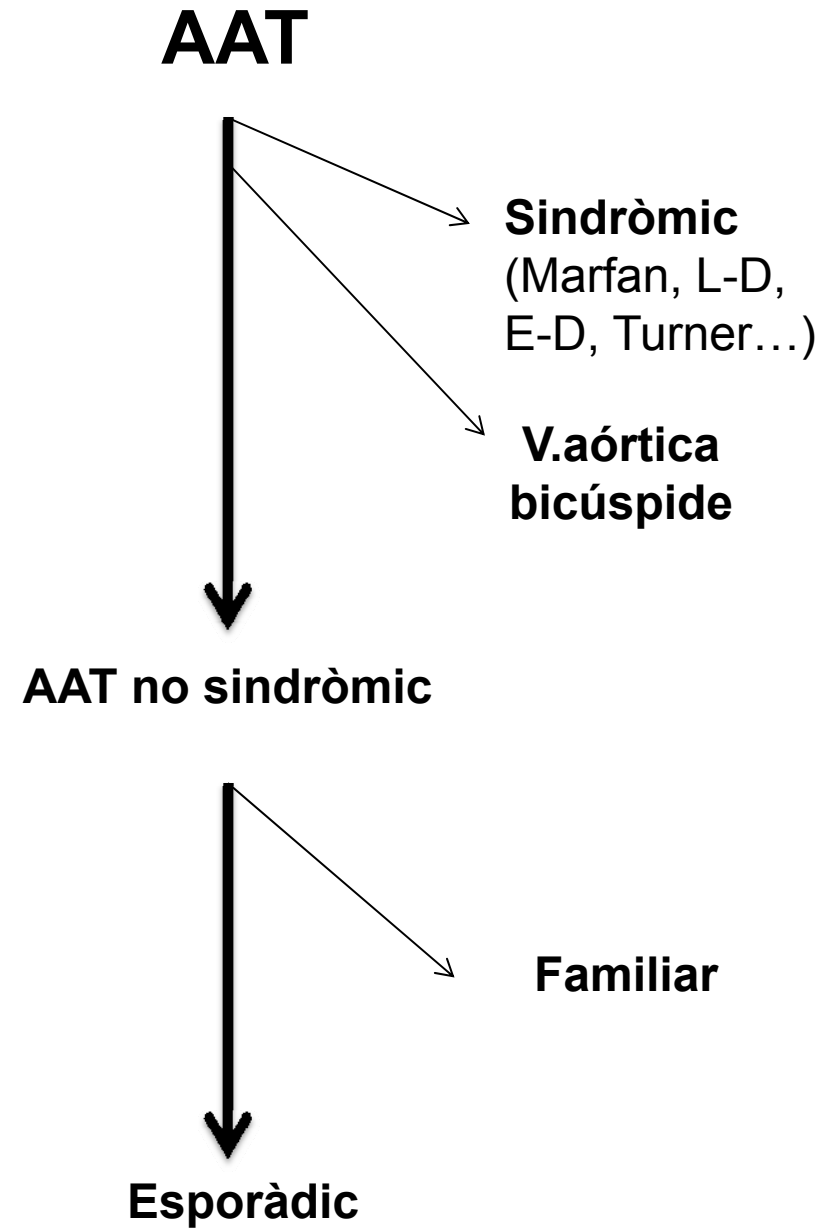
Rationale: Aging represents a major risk factor for coronary artery disease and aortic aneurysm formation. MicroRNAs (miRs) have emerged as key regulators of biological processes, but their role in age-associated vascular pathologies is unknown. **Objective:** We aim to identify miRs in the vasculature that are regulated by age and play a role in age-induced vascular pathologies. **Methods and Results:** Expression profiling of aortic tissue of young versus old mice identified several age-associated miRs. Among the significantly regulated miRs, the increased expression of miR-29 family members was associated with a profound downregulation of numerous extracellular matrix (ECM) components in aortas of aged mice, suggesting that this miR family contributes to ECM loss, thereby sensitizing the aorta for aneurysm formation. Indeed, miR-29 expression was significantly induced in 2 experimental models for aortic dilatation: angiotensin II-treated aged mice and genetically induced aneurysms in Fibulin-4(R/R) mice. More importantly, miR-29b levels were profoundly increased in biopsies of human thoracic aneurysms, obtained from patients with either bicuspid (n=79) or tricuspid aortic valves (n=30). Finally, LNA-modified antisense oligonucleotide-mediated silencing of miR-29 induced ECM expression and inhibited angiotensin II-induced dilatation of the aorta in mice. **Conclusion:** In conclusion, miR-29-mediated downregulation of ECM proteins may sensitize the aorta to the formation of aneurysms in advanced age. Inhibition of miR-29 *in vivo* abrogates aortic dilatation in mice, suggesting that miR-29 may represent a novel molecular target to augment matrix synthesis and maintain vascular wall structural integrity.

PMID: 21903938 [PubMed - in process]

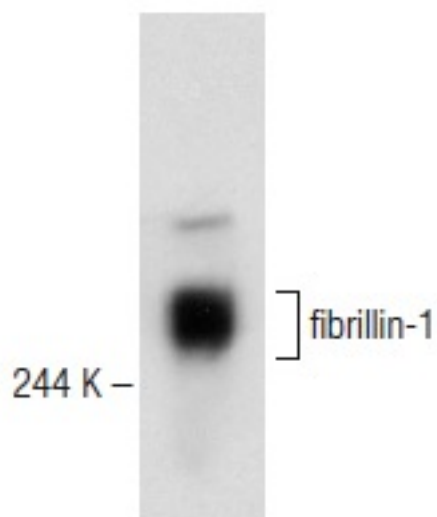
[+](#) [LinkOut](#) - more resources



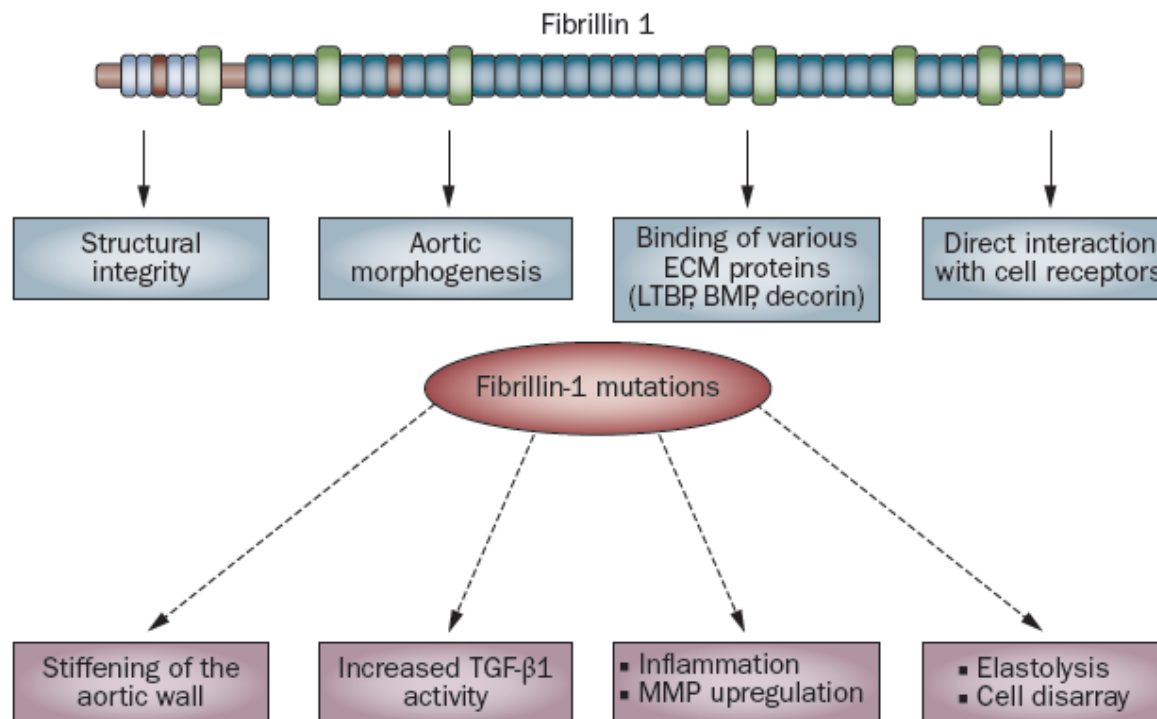
Tipus d'aneurismes AAT

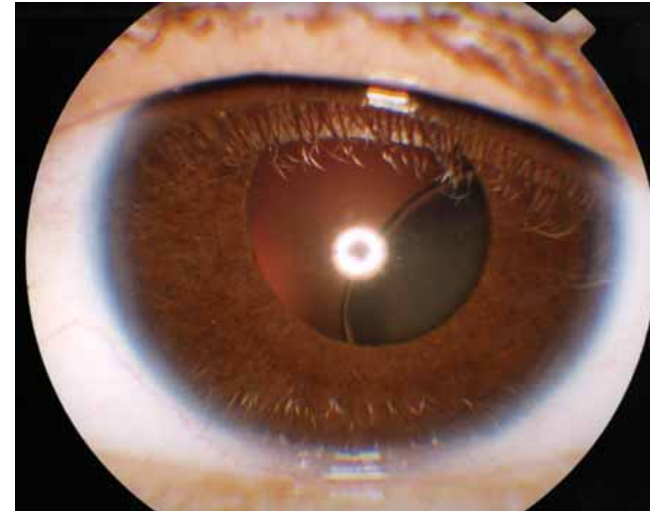
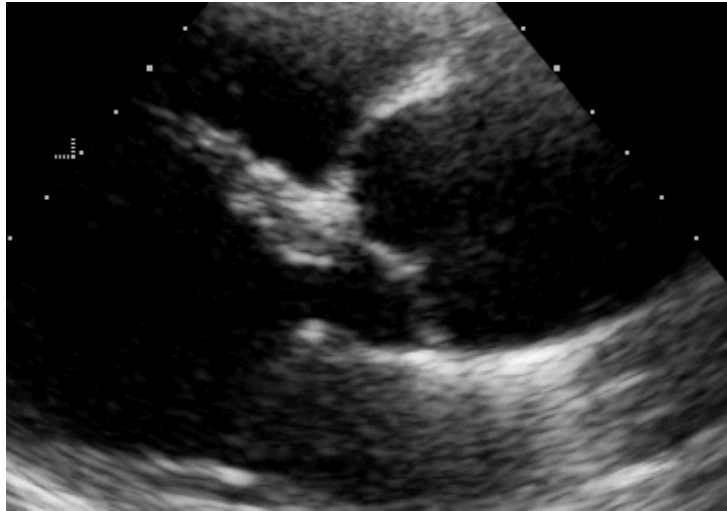


Síndrome de Marfan



**Cromosoma 15q21.1
(Autosòmica Dominant)**





New Ghent criteria for Marfan syndrome

Table 1. Revised Ghent criteria for the diagnosis of Marfan syndrome (MFS) and related conditions (14)

In the absence of a family history:

- (1) Ao ($Z \geq 2$) AND EL = MFS
- (2) Ao ($Z \geq 2$) AND *FBN1* = MFS
- (3) Ao ($Z \geq 2$) AND Syst (≥ 7 points) = MFS^a
- (4) EL AND *FBN1* with known Ao = MFS

EL with or without Syst AND with an *FBN1* not known with Ao or no *FBN1* = ELS Ao ($Z < 2$) AND Syst (≥ 5) with at least one skeletal feature without EL = MASS MVP AND Ao ($Z < 2$) AND Syst (> 5) without EL = MVPS

In the presence of a family history:

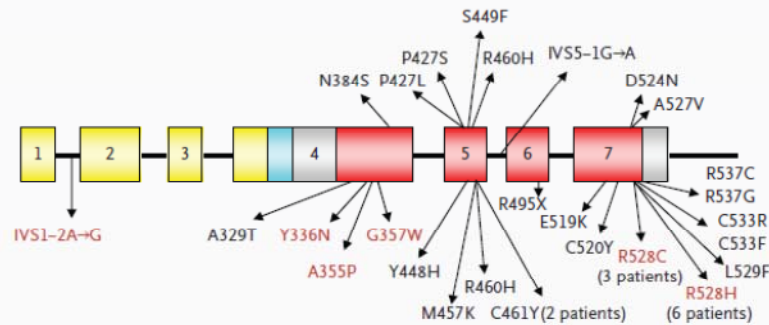
- (5) EL AND FH of MFS (as defined above) = MFS
- (6) Syst (≥ 7 points) AND FH of MFS (as defined above) = MFS^a
- (7) Ao ($Z \geq 2$ above 20 years old, ≥ 3 below 20 years) + FH of MFS (as defined above) = MFS^a

Loeys BL, J Med Genet 2010

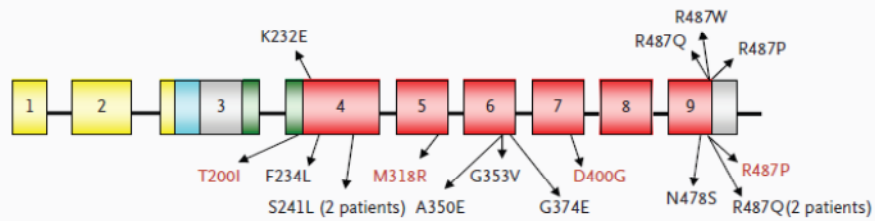


Síndrome de Loey-Dietz

A TGFBR2

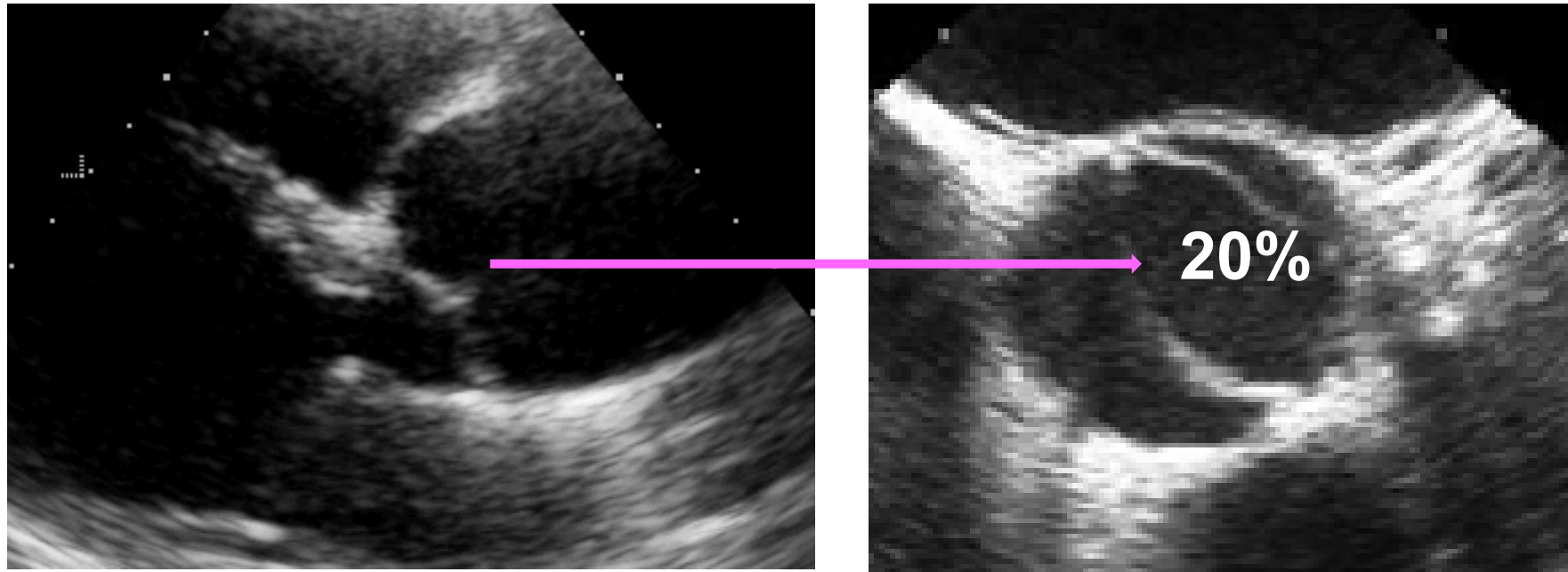


B TGFBR1

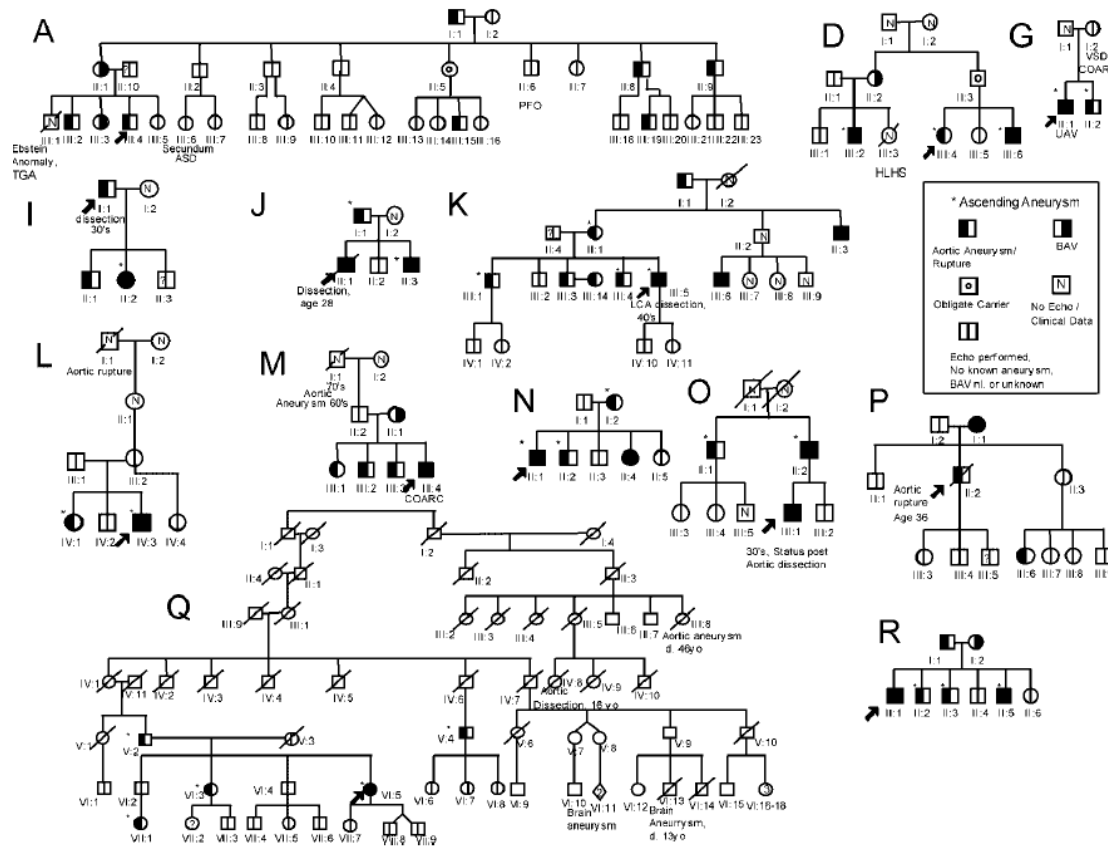


Loeys BL. *N Engl J Med* 2006;355:788-98.

Vàlvula aòrtica bicúspide



Familial Thoracic Aortic Dilatation and Bicommissural Aortic Valve: A Prospective Analysis of Natural History and Inheritance



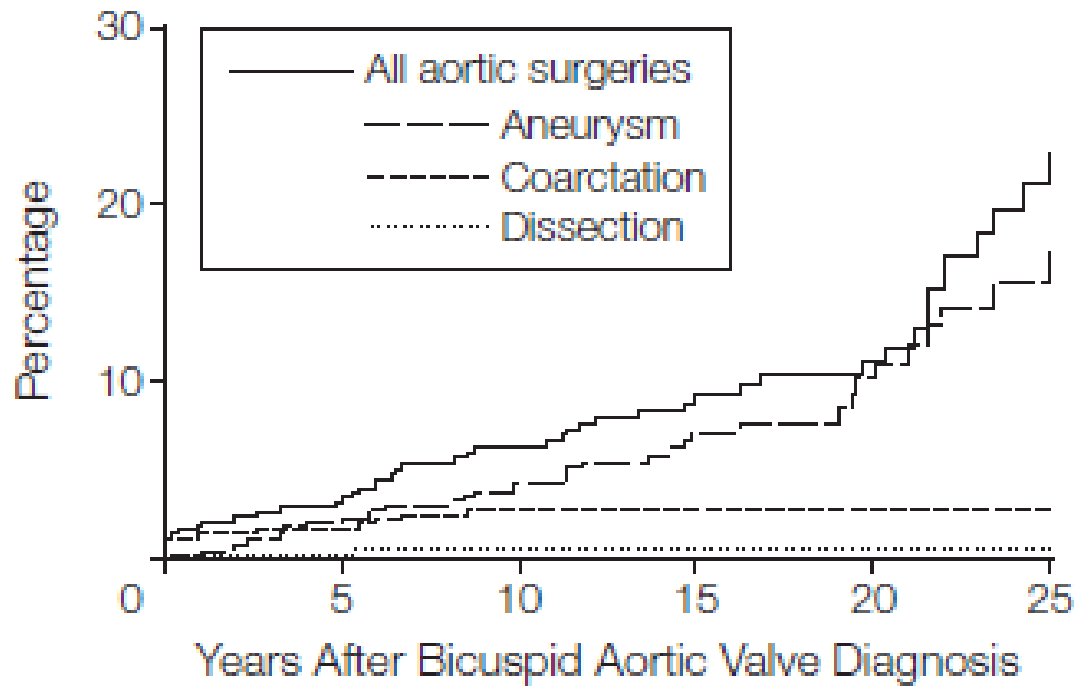
13 families amb VAB

- 36% AAT

- 14% VAB

**- 7 families amb disecció Ao
(sense disfunció valvular)**

(???)



**2 DA de 416 VAB
(3.1 casos/10000 p/any)**

Michelena HI, *JAMA*. 2011;306(10):1104-1113

AAT no sindròmic



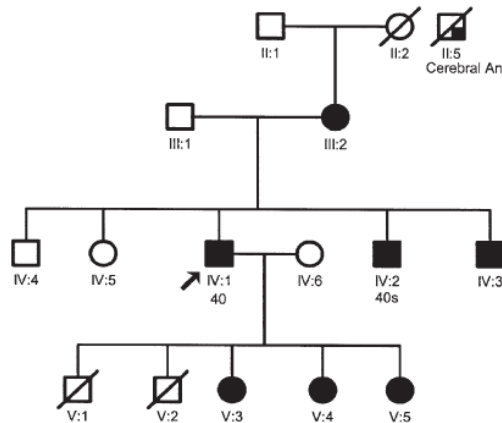
11-19% Familiar



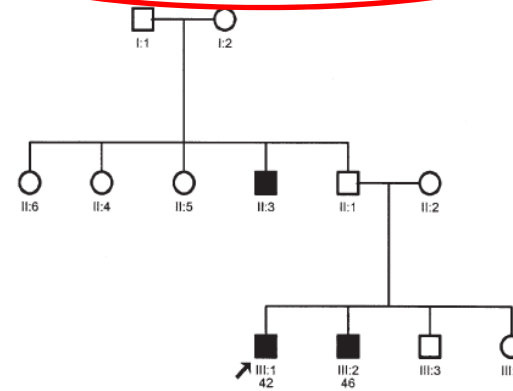
Esporàdic (st)

AAT Familiar

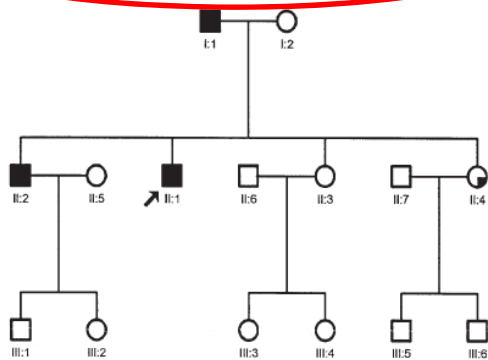
Autosomal Dominant



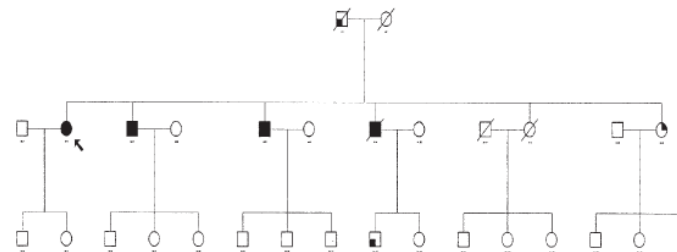
Autosomal Dominant with Decreased Penetrance



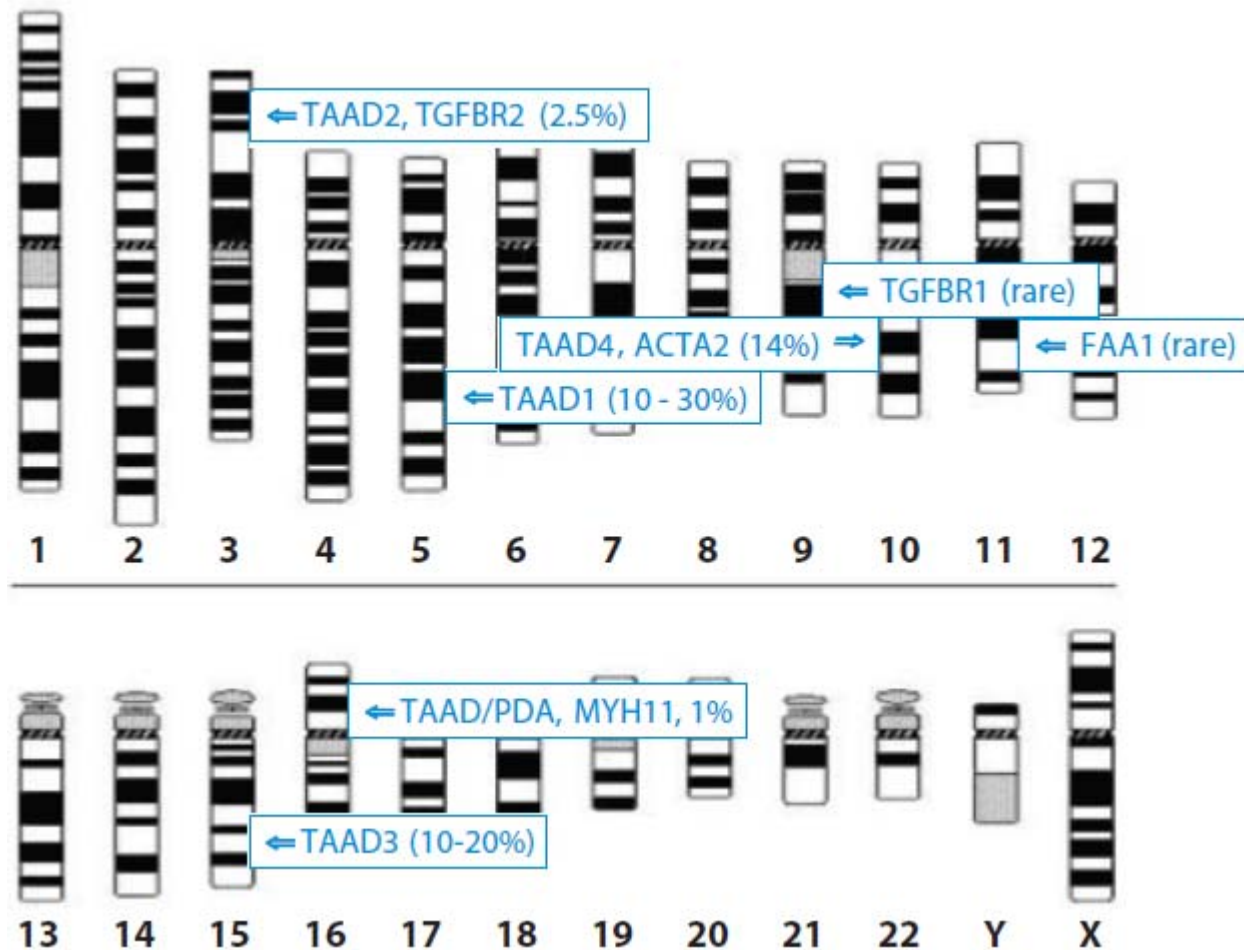
Autosomal Dominant with Variable Expressivity



Autosomal Recessive



Davies RR, *Ann Thorac Surg* 2006;82:1400-6



6 locus reconeguts

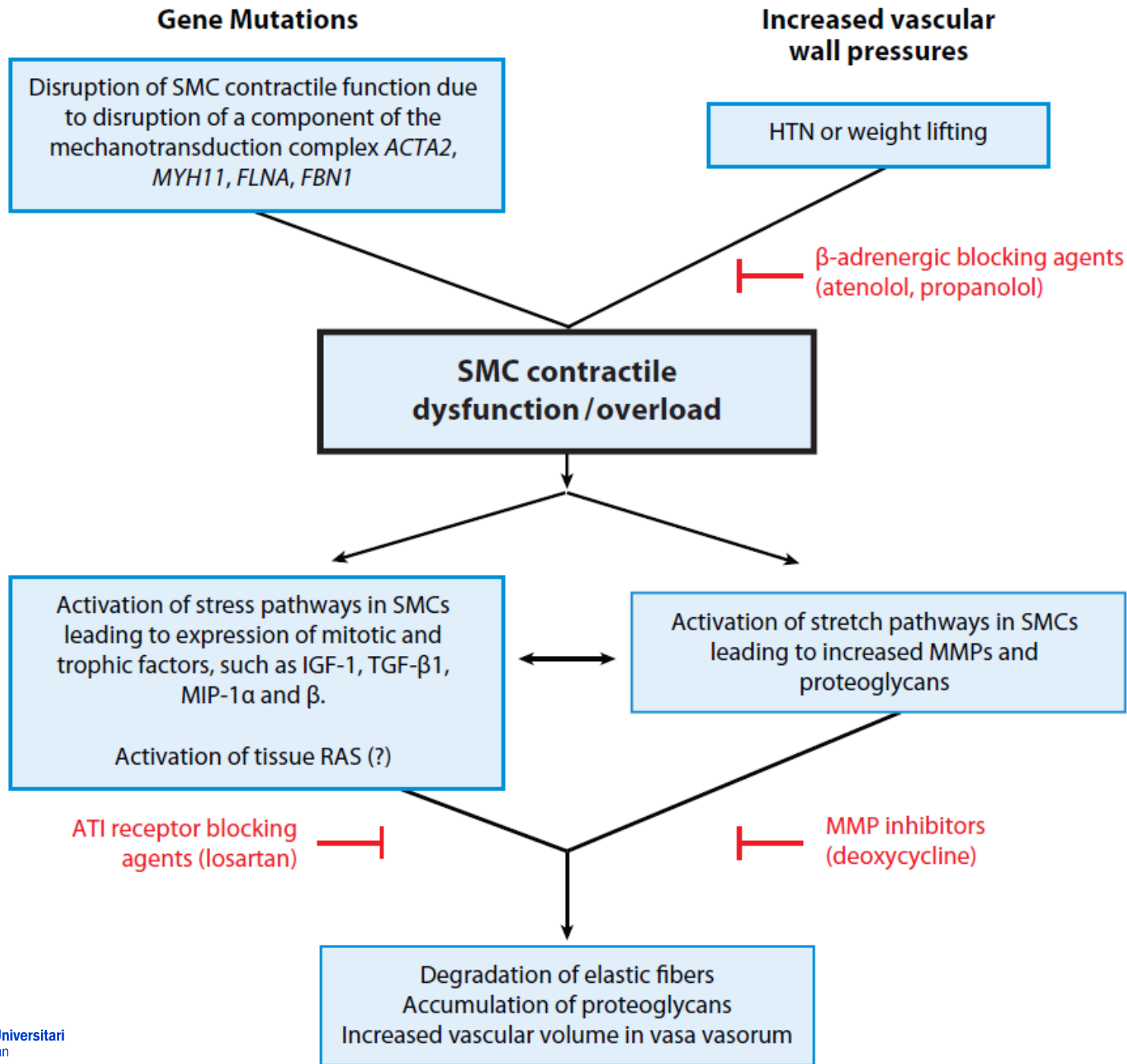
3 gens identificats:

- TGFB2
- ACTA2
- MYH11

Identificable < 20%

< Edat que l'esporàdic

Tractament mèdic
als AAT



Tract. Farmacològic
(β -blocadors, ARA II...)

Objectiu



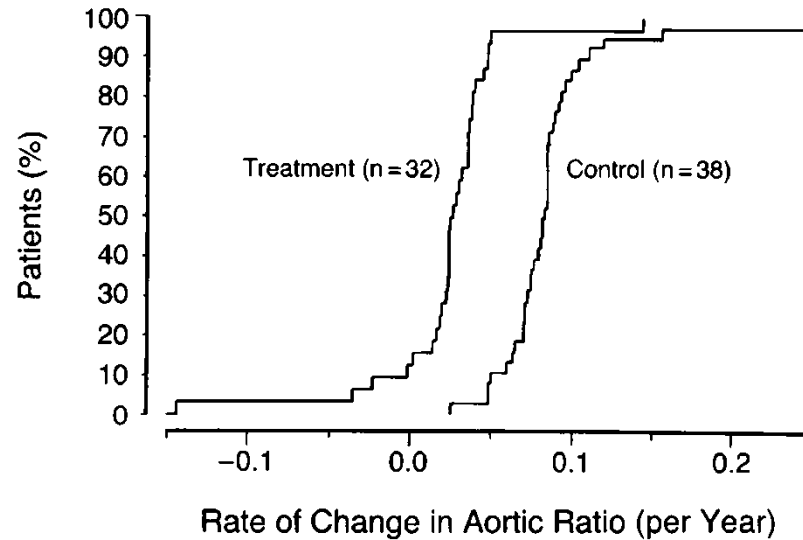
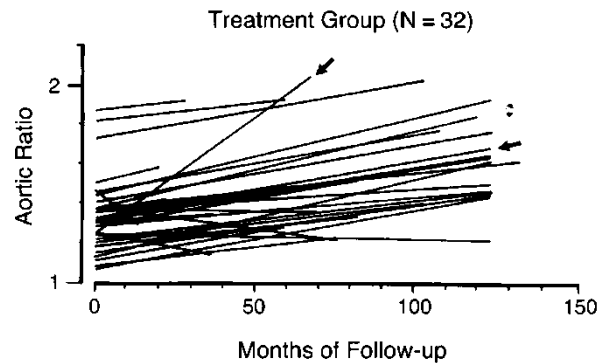
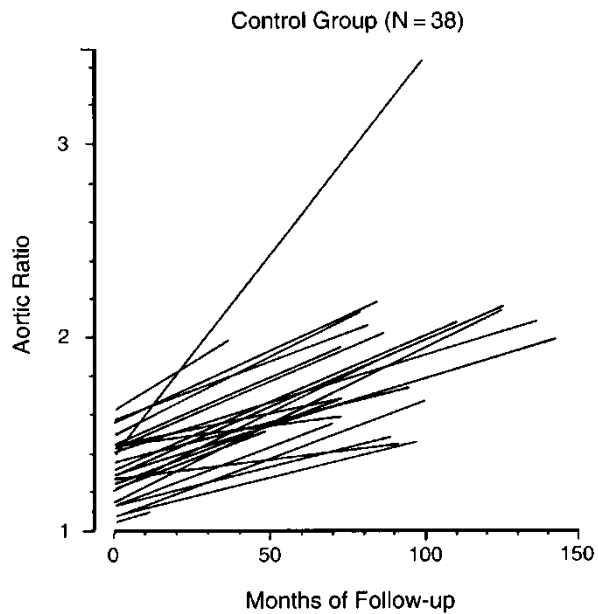
< Progressió diàmetre Ao Asc

Objectiu final



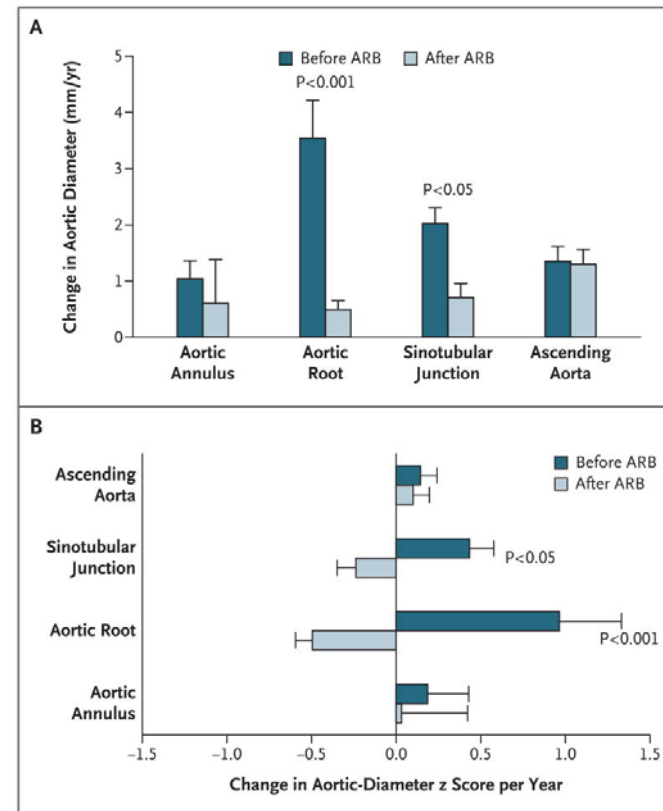
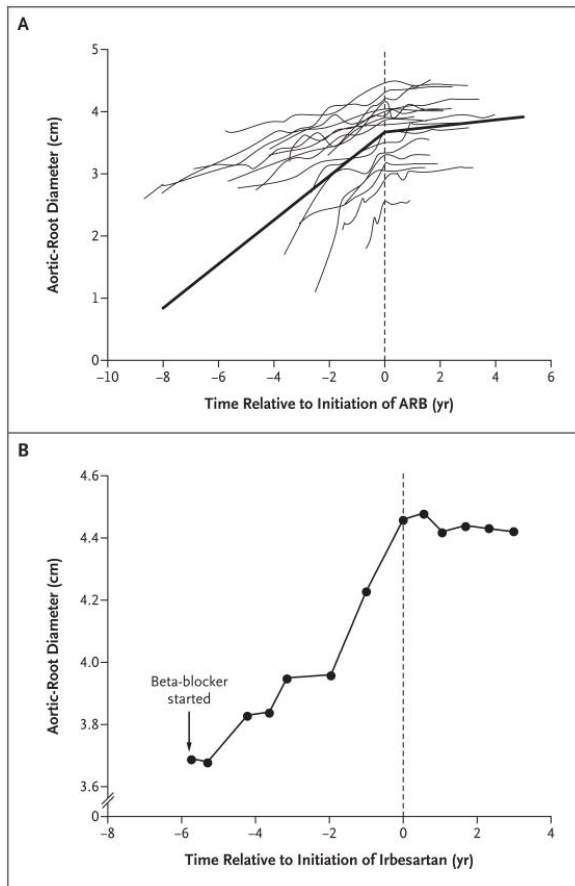
< Incidència dissecció aòrtica
???

Els β -blocadors enlenteixen la progressió de la dilatació aòrtica a la sínd. de Marfan

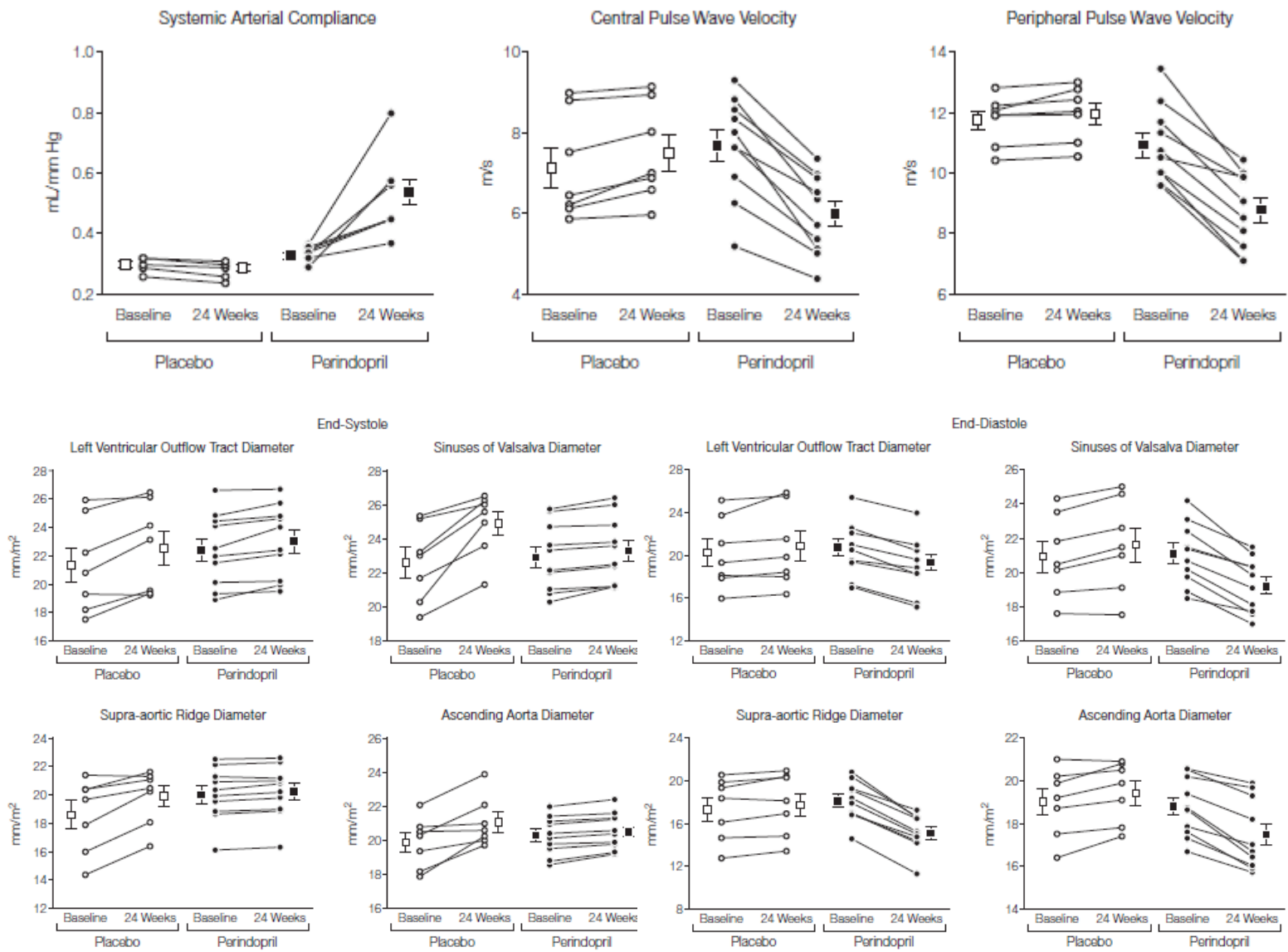


...pero altres estudis amb resultats negatius...
Yetman AT, Am J Cardiol 2005

Angiotensin II Blockade and Aortic-Root Dilatation in Marfan's Syndrome



Losartan en18 p. pediàtrics...
Retrospectiu...



Perindopril redueix la rigidesa aòrtica i la progressió dels diàmetres...
 en 10 pacients amb Marfan...
 Ahimastos AA, JAMA 2007

Artículo original

Valoración de la eficacia y la seguridad del losartán frente al atenolol en la prevención de la dilatación de la aorta en el síndrome de Marfan

Alberto Forteza^{a,*}, Arturo Evangelista^b, Violeta Sánchez^a, Gisela Teixidó^b, Diana García^a, Paz Sanz^a, Laura Gutiérrez^b, Jorge Centeno^a, José Rodríguez-Palomares^b, José Cortina^a y David García-Dorado^b

^a Unidad de Marfan, Hospital Universitario 12 de Octubre, Madrid, España

^b Unidad de Marfan, Hospital Universitario Vall d'Hebron, Barcelona, España

Radonic et al. *Trials* 2010, **11**:3

<http://www.trialsjournal.com/content/11/1/3>



STUDY PROTOCOL

Open Access

Losartan therapy in adults with Marfan syndrome: study protocol of the multi-center randomized controlled COMPARE trial

Indicació del tractament quirúrgic als AAT

PRACTICE GUIDELINE: FULL TEXT

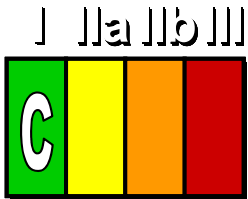
2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients With Thoracic Aortic Disease

A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology, American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons, and Society for Vascular Medicine

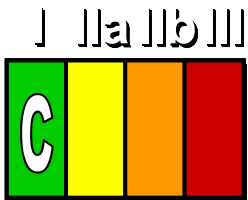
Endorsed by the North American Society for Cardiovascular Imaging

Recomanacions ACC/AHA

Aneurisma de l'aorta ascendente



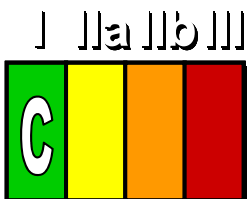
Els pacients asintomàtics amb aneurisma toràcic degeneratiu, dissecció aòrtica crònica, hematoma intramural, úlcera penetrant, aneurisma micòtic, o pseudoaneurisma, amb diàmetres de l'aorta ascendent o dels sinus de Valsalva ≥ 5.5 cm, han de ser avaluats per a cirurgia reparadora aòrtica.



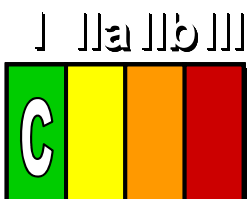
Els pacients amb sínd. de **Marfan** o altres malalties mediades genèticament (sínd. de Ehlers-Danlos, sínd. de Turner, **vàlvula aòrtica bicúspide**, o aneurisma/dissecció de la aorta toràcica **familiar**) haurien de ser tractats quirúrgicament amb diàmetres menors (**4.0 a 5.0 cm**) per evitar una dissecció o rotura aòrtica.

Recomanacions ACC/AHA

Aneurisma de l'aorta ascendente



Els pacients amb un augment del diàmetre aòrtic ≥ 0.5 cm/any haurien de ser avaluats per IQ.



Els pacients sotmesos a reparació o **recanvi valvular aòrtic** i amb diàmetres de la Ao ascendent o de l'arrel aòrtica **>4.5** cm haurien de ser avaluats per cirurgia de l'aorta.

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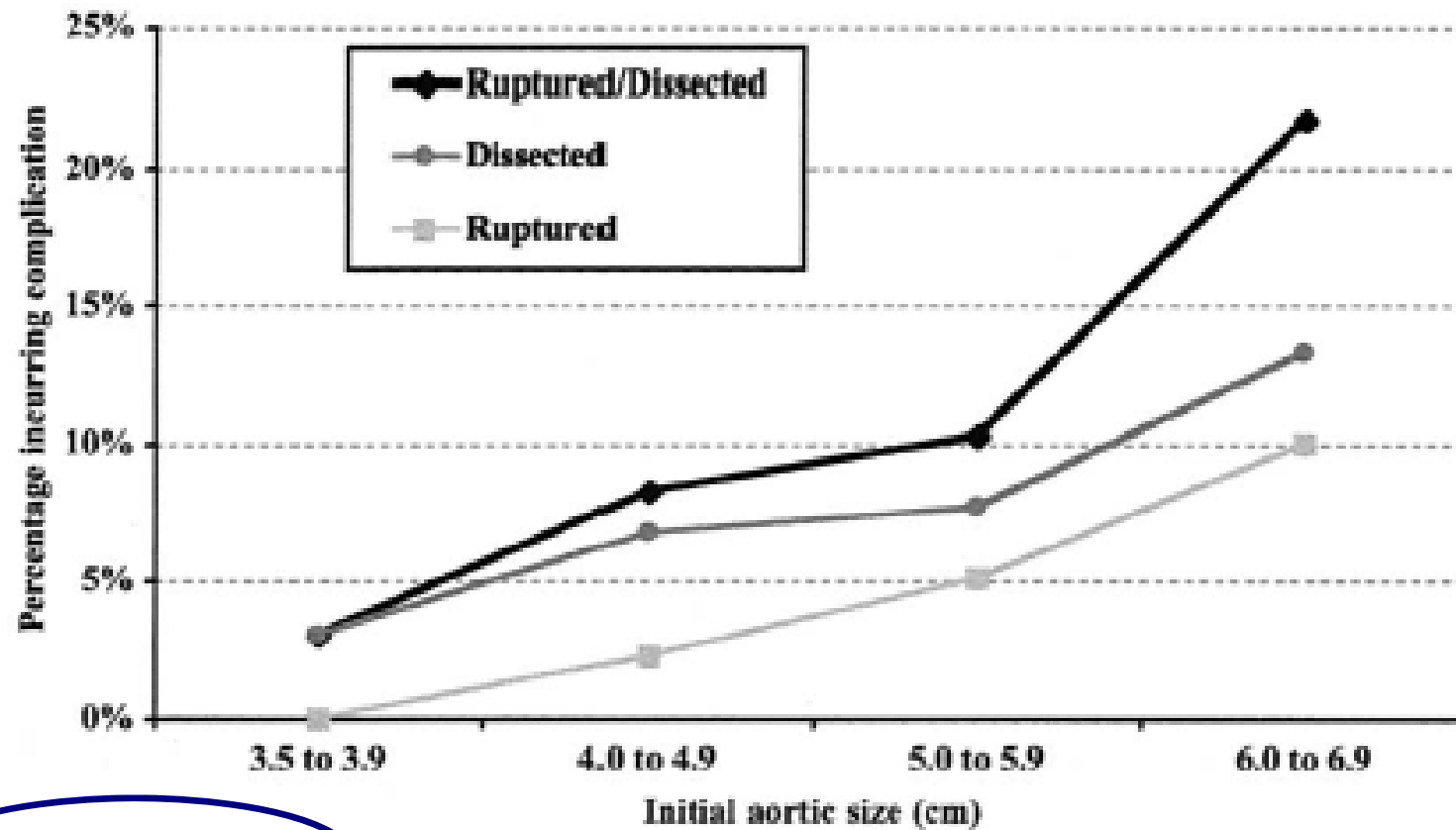
No evidències...

Guidelines on the management of valvular heart disease

The Task Force on the Management of Valvular Heart Disease of the European Society of Cardiology

	Class
<i>Severe AR</i>	
Symptomatic patients (dyspnoea, NYHA class II, III, IV or angina)	IB
Asymptomatic patients with resting LVEF \leq 50%	IB
Patients undergoing CABG or surgery of ascending aorta, or on another valve	IC
Asymptomatic patients with resting LVEF $>$ 50% with severe LV dilatation: End-diastolic dimension $>$ 70 mm or ESD $>$ 50 mm (or $>$ 25 mm/m ² BSA) ^a	IIaC IIaC
<i>Whatever the severity of AR</i>	
Patients who have aortic root disease with maximal aortic diameter ^b	
\geq 45 mm for patients with Marfan's syndrome	IC
\geq 50 mm for patients with bicuspid valves	IIaC
\geq 55 mm for other patients	IIaC

Vahanian A. Eur Heart J 2007

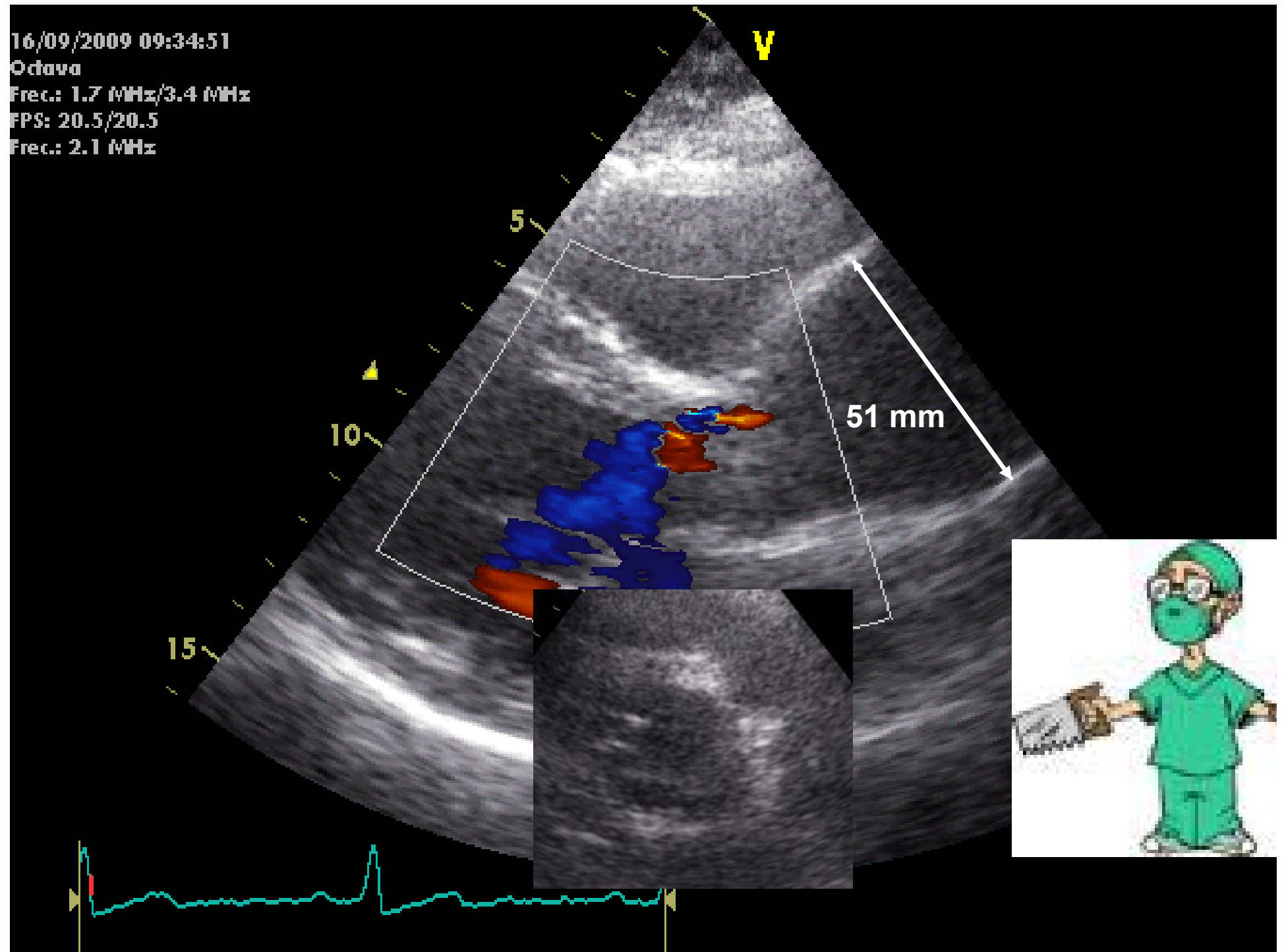


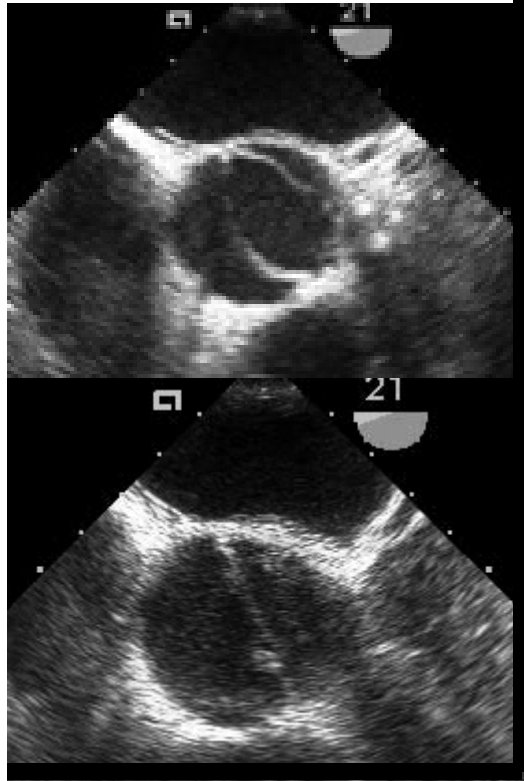
AAT > 6 cm

- 16% anual mort, disecció o ruptura
- OR 27 per ruptura

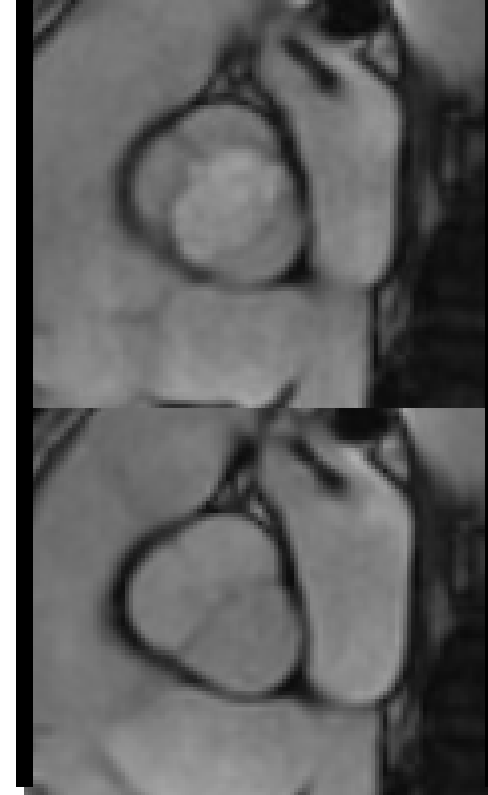
Davies RR. *Ann Thorac Surg* 2002

16/09/2009 09:34:51
Octava
Frec.: 1.7 MHz/3.4 MHz
FPS: 20.5/20.5
Frec.: 2.1 MHz





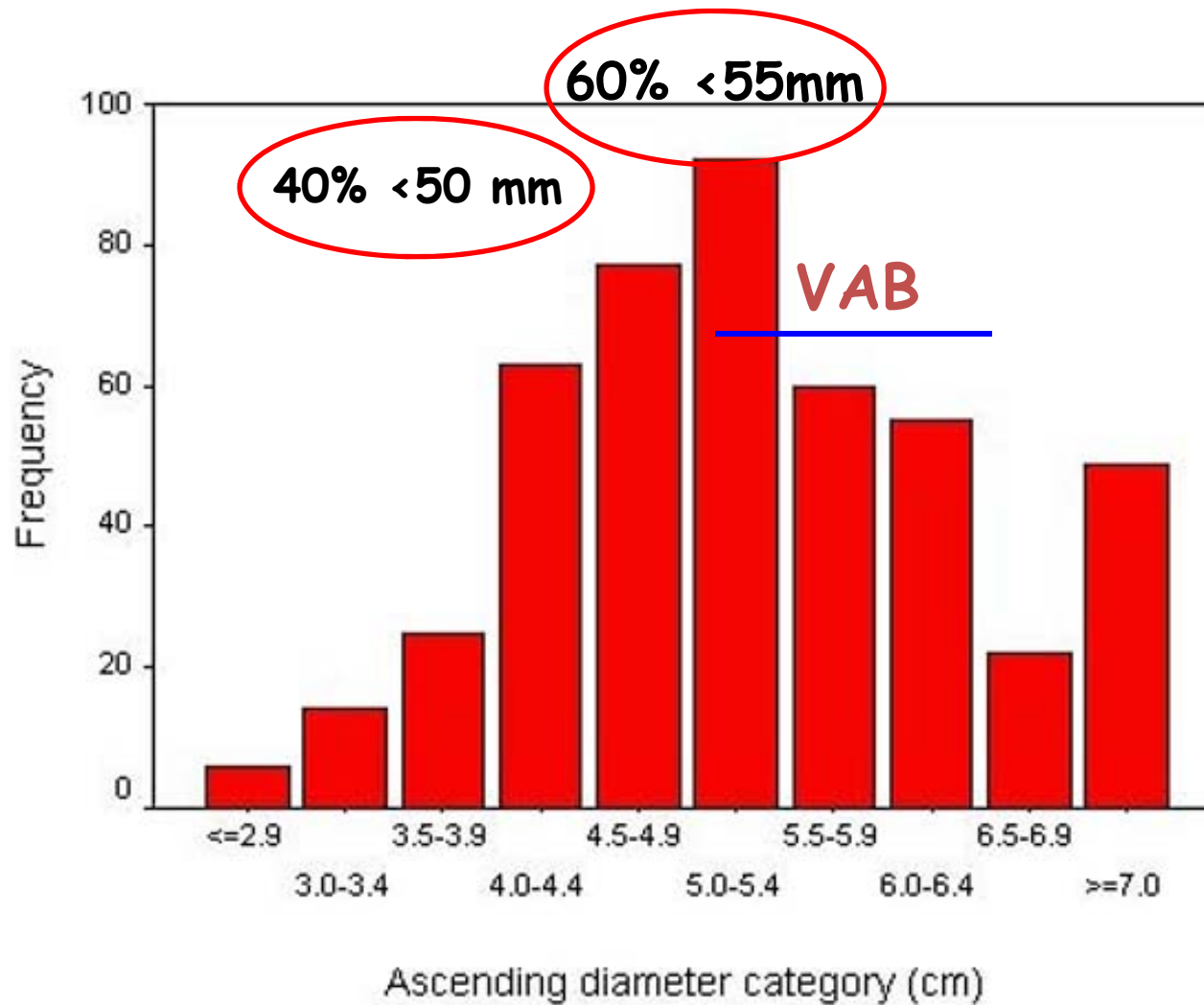
ETE ?



CARDIO-RM ?

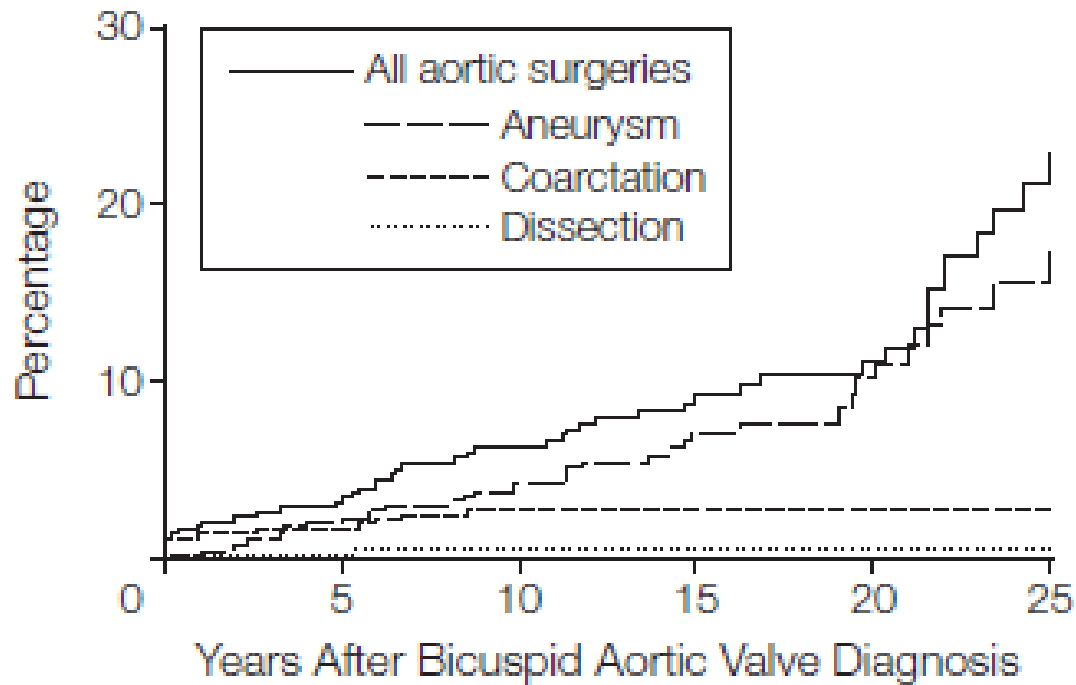
Quines evidències tenim per a
recomanar IQ amb menors
diàmetres a “bicúspides” vs
“tricúspides”?

REGISTRE IRAD



Pape LA. *Circulation* 2007

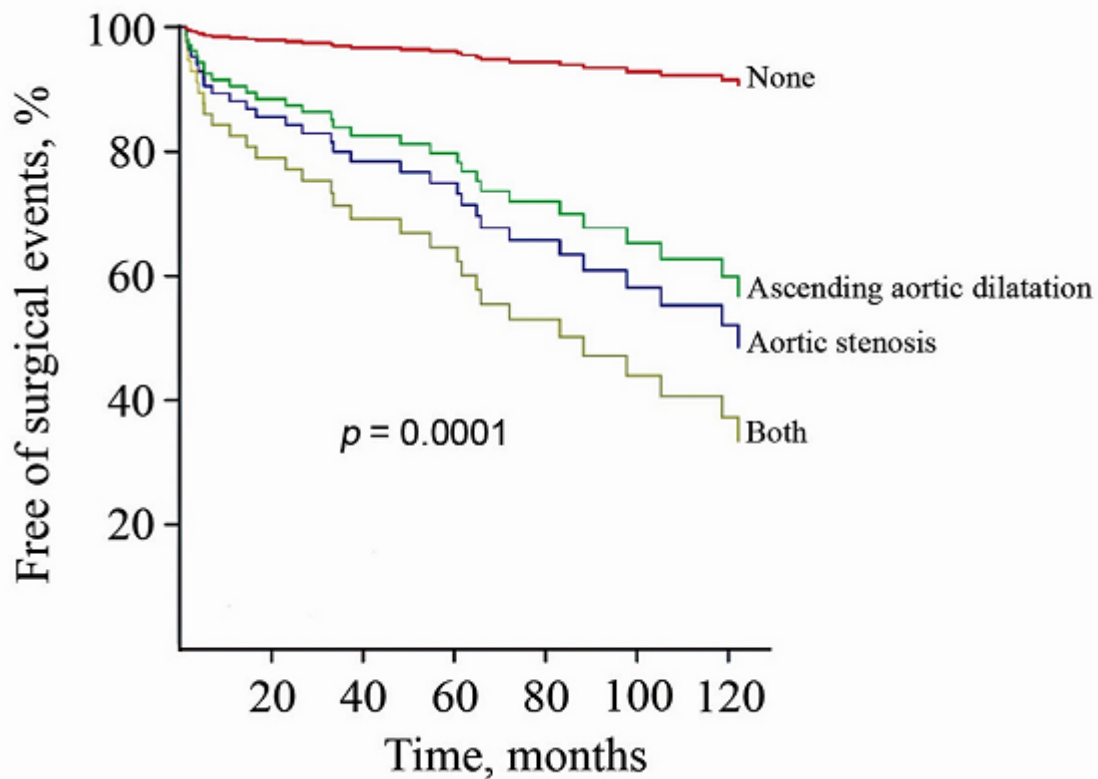
Risc de DA a la v. aòrtica bicúspide



**2 DA de 416 VAB
(3.1 casos/10000 p/any)**

Michelena HI, *JAMA*. 2011;306(10):1104-1113

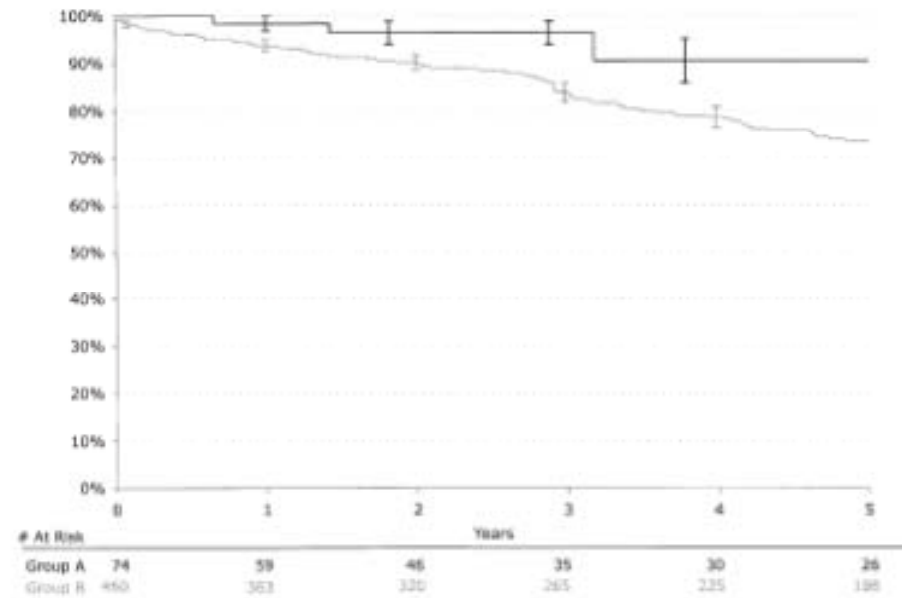
Risc de DA a la v. aòrtica bicúspide



0 DA de 120 VAB
Seguiment mitjà 6 anys

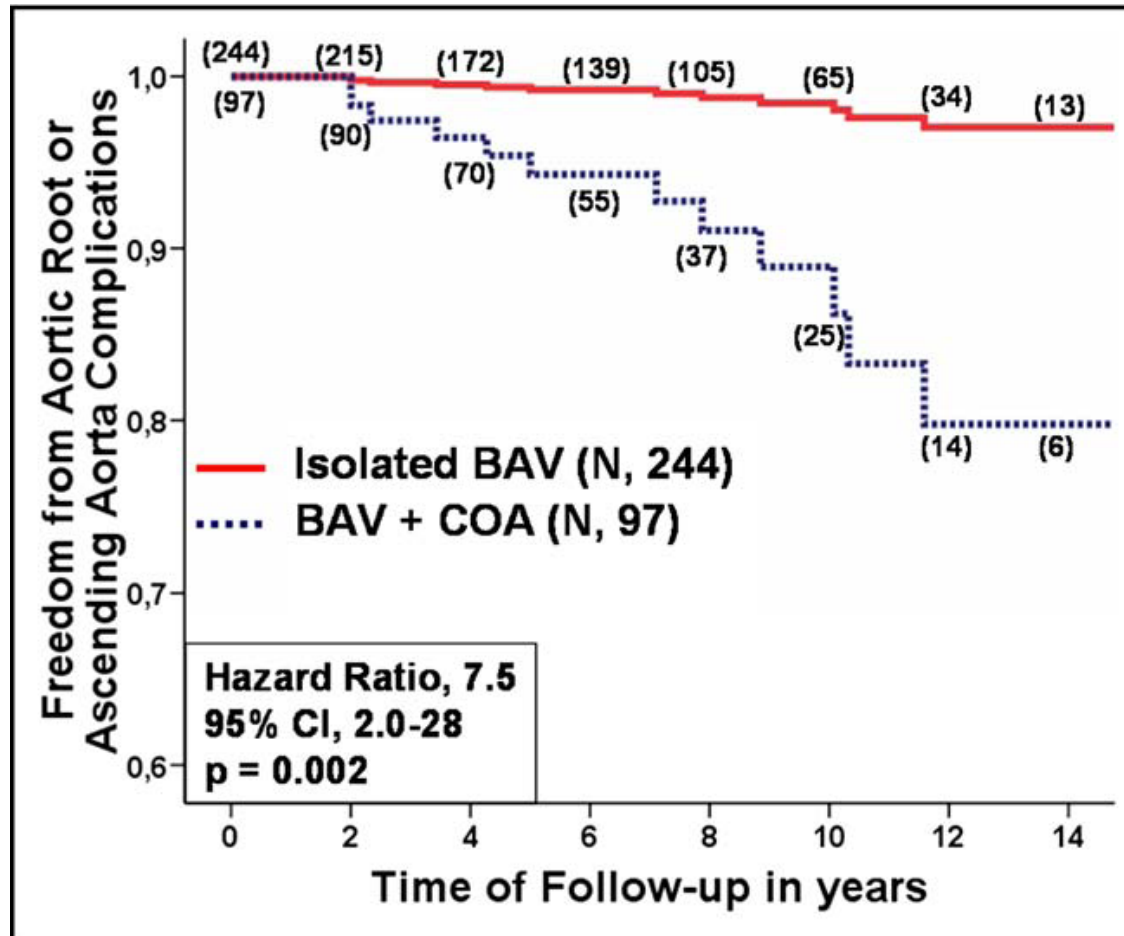
Hi ha altres factors a tenir presents
en la indicació d'IQ en pacients amb
VAB i dilatació aòrtica?

L' estenosi aòrtica, factor associat amb dissecció Ao en VAB



Davies RR. Ann Thorac Surg 2007

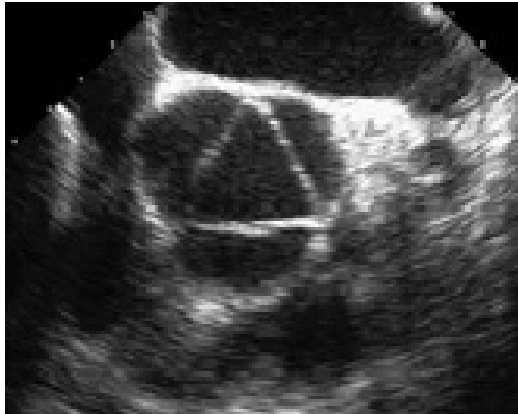
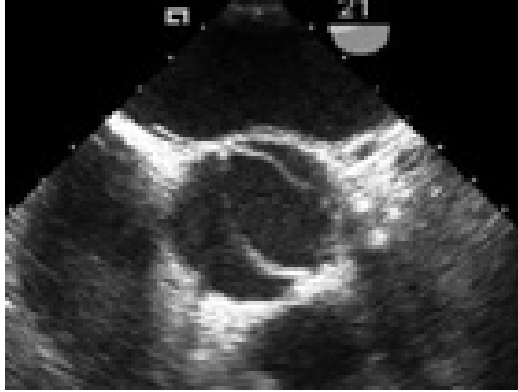
La coartació aòrtica a la VAB augmenta el risc de DA



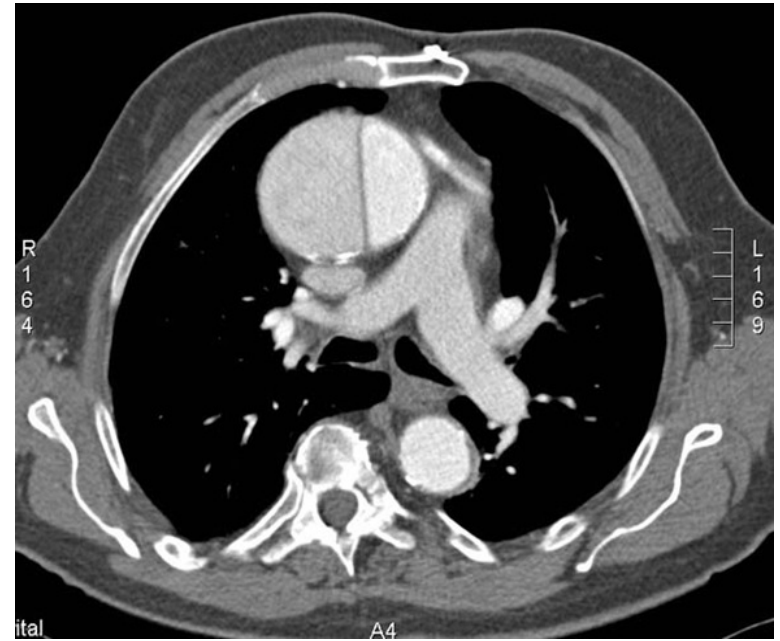
Oliver JM; Am J Cardiol 2009



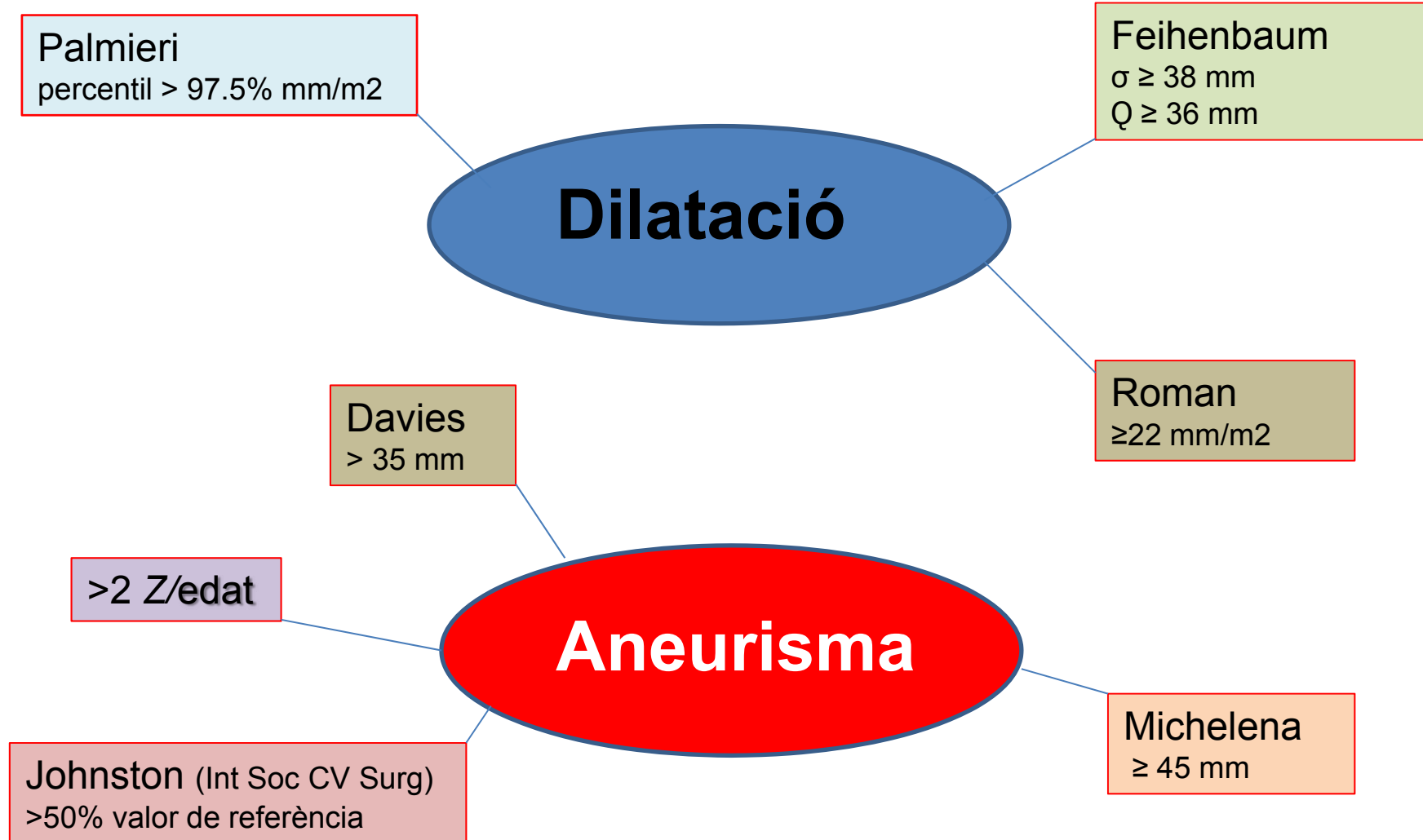
Alguns interrogants
de la pràctica clínica...



≠ Risc?



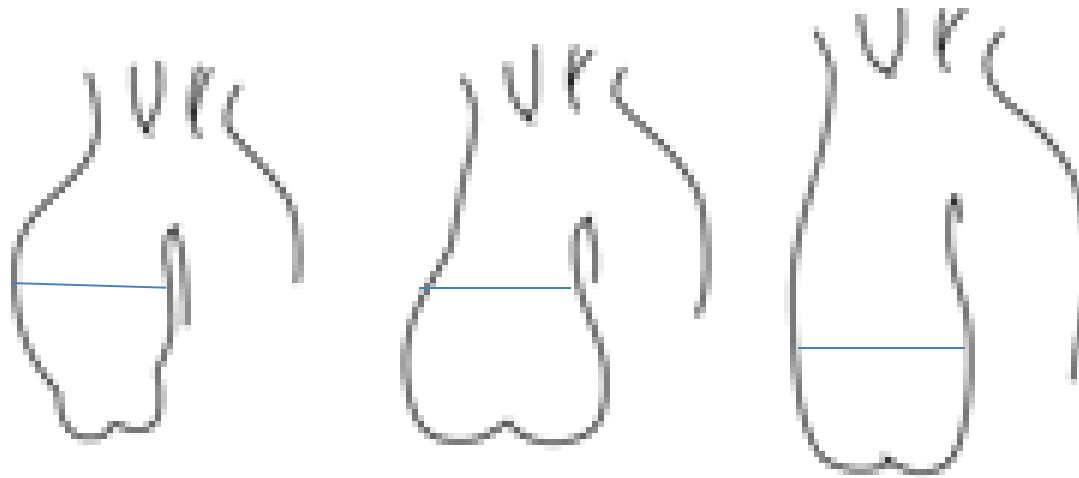
Què és *dilatació, aneurisma*?





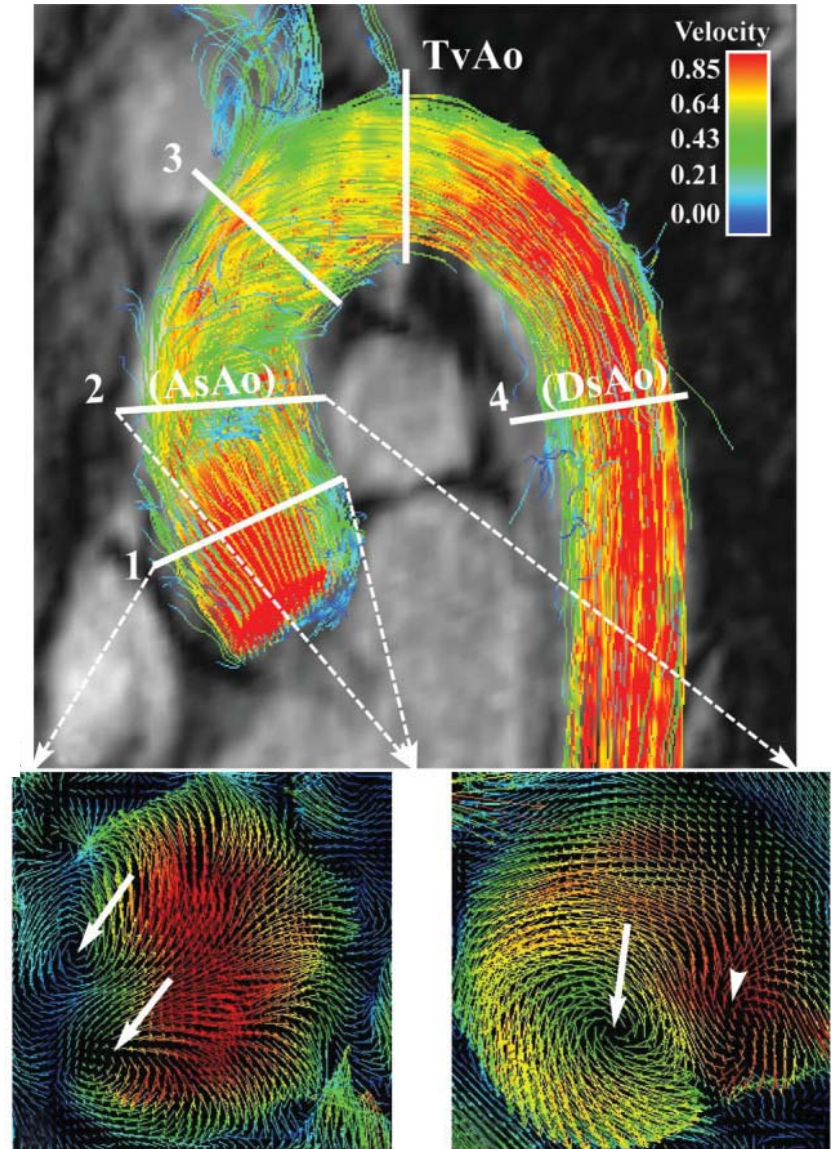
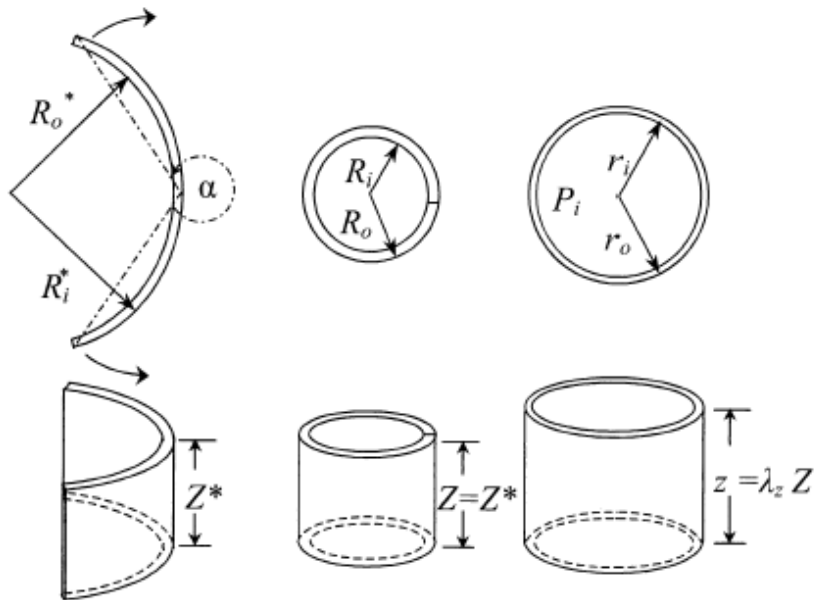
55 mm?

**Cal indexar en la
decisió d'IQ?**

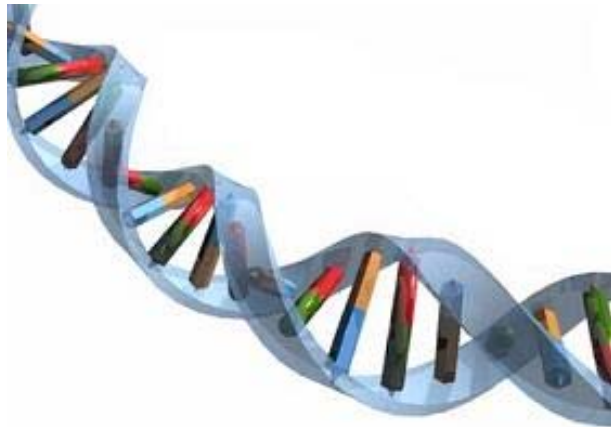


**En tenim prou amb descriure el
diàmetre màxim?
Té alguna utilitat el volum aòrtic?**

Podrem quantificar els factors mecànics locals implicats en el risc de DA ?



El laboratori pot ser útils en la identificació dels AAT i l'estratificació de risc de DA?



Genètica

(FBN1, ACTA2, TGBR1, TGBR2, MYH11...)



Biomarcadors

(Dimer D, MMP, TGF β , expressió gènica...)



EUROPEAN
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ESC GUIDELINES

Aorta toràcica 2012

?????